SEC Fo	orm 4
--------	-------

 \Box

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

Check this box if no longer subject to
Section 16. Form 4 or Form 5
obligations may continue. See
Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

OMB AP	PROVAL
/B Number	3235-028

- 1						
	OMB Number:	3235-0287				
	Estimated average burd	en				
	hours per response:	0.5				

(Last) (First) (Middle)		1*	2. Issuer Name and Ticker or Trading Symbol ALLSTATE CORP [ALL]	5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner
		()	3. Date of Earliest Transaction (Month/Day/Year) 05/06/2016	Officer (give title X Other (specify below) Pres Emerging Businesses - AIC
(Street) NORTHBROOK (City)	(State)	60062 (Zip)	4. If Amendment, Date of Original Filed (Month/Day/Year)	 6. Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person Form filed by More than One Reporting Person

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transa Code (8)		4. Securities Acquired (A) or Disposed Of (D) (Instr. 3, 4 and 5)			5. Amount of Securities Beneficially Owned Following	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership	
			Code	v	Amount	(A) or (D)	Price	Reported Transaction(s) (Instr. 3 and 4)		(Instr. 4)	
Common Stock	05/06/2016		М		65,000	A	\$46.48	167,147	D		
Common Stock	05/06/2016		М		28,836	A	\$31.74	195,983	D		
Common Stock	05/06/2016		М		54,787	A	\$31.56	250,770	D		
Common Stock	05/06/2016		М		65,789	A	\$45.61	316,559	D		
Common Stock	05/06/2016		S		214,412	D	\$ 66.92 ⁽¹⁾	102,147	D		
Common Stock								1,549 ⁽²⁾	I	By 401(k) Plan	

	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)														
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transa Code (8)		of		6. Date Exercisable and Expiration Date (Month/Day/Year)		nd 7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
				Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares				
Employee Stock Option (Right to Buy)	\$46.48	05/06/2016		М			65,000	09/08/2012	09/08/2018	Common Stock	65,000	\$0	0	D	
Employee Stock Option (Right to Buy)	\$31.74	05/06/2016		М			28,836	02/22/2015	02/22/2021	Common Stock	28,836	\$0	0	D	
Employee Stock Option (Right to Buy)	\$31.56	05/06/2016		М			54,787	02/21/2016	02/21/2022	Common Stock	54,787	\$0	0	D	
Employee Stock Option (Right to Buy)	\$45.61	05/06/2016		М			65,789	(3)	02/12/2023	Common Stock	65,789	\$0	21,930	D	

Explanation of Responses:

1. Reflects weighted average sale price for open-market sales transaction reported herein. Actual sale prices ranged from \$66.59 to \$67.23. The reporting person provided the issuer, and will provide any security holder of The Allstate Corporation or member of the SEC staff, full information regarding the number of shares sold at each separate price upon request.

2. Reflects acquisition of 6 shares of The Allstate Corporation common stock since February 4, 2016 under the Allstate 401(k) Savings Plan, pursuant to the most recent plan statement, dated May 5, 2016. 3. Stock option award granted to reporting person on February 12, 2013. The remaining 25% to vest on February 12, 2017.

> /s/ Efie Vainikos, attorney-infact for Mr. Civgin ** Signature of Reporting Person

05/10/2016

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

 * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.