SEC For	rm 4																	
FORM 4			UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549													OMB APPROVAL		
Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).					ENT OF CHANGES IN BENEFICIAL OWNER								OMB Number: Estimated average t hours per response:			erage burden	3235-0287 0.5	
1. Name and Address of Reporting Person* <u>ESKEW MICHAEL L</u>					2. Issuer Name and Ticker or Trading Symbol <u>ALLSTATE CORP</u> [ALL]								ck all applica	ible)	10% Owr		ner	
	(F E ALLSTAT	(Middle) ION		3. Date of Earliest Transaction (Month/Day/Year) 04/01/2020								Officer (below)	er (give title /)		Other (specify below)			
2775 SANDERS ROAD (Street) NORTHBROOK IL			60062		4. If Am	endment, Da	ate of	Original Filed (Month/Day/Year)			Line	ndividual or Joint/Group Filing (Check Applicable e) X Form filed by One Reporting Person Form filed by More than One Reporting Person						
(City) (State) (Zip)					ative Securities Acquired, Disposed of, or Benefici													
1. Title of Security (Instr. 3) Date			2. Transact	action 2A. Dee Execution		d Date,	3. Transacti Code (Ins	4. Securiti Disposed		es Acquire	- d (A) or	5. Amount Securities Beneficial Owned Fo	ly	Form:	Direct I Indirect I str. 4)	7. Nature of Indirect Beneficial Ownership		
								Code V	, l	Amount	(A) or (D)	Price	Reported Transactio (Instr. 3 ar				(Instr. 4)	
			Table II - D (e			curities A IIs, warra							Owned					
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date if any (Month/Day/Yea	Code	action (Instr.	5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date Exercis Expiration Date (Month/Day/Yea		of Securities		ies g Security	8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s)		10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)	
				Code	v	(A)	(D)	Date Exercisable		xpiration ate	Title	Amount or Number of Shares		(Instr. 4)				
Common Share Unit	\$0	04/01/2020		Α		448.495 ⁽¹⁾		(1)		(1)	Common Stock	448.495	\$86.4	9,721.	.442	D		

Explanation of Responses:

1. These common share units were acquired pursuant to The Allstate Corporation Amended and Restated Deferred Compensation Plan for Non-Employee Directors and represent the director's fees deferred under the Plan and converted into units based on the fair market value of The Allstate Corporation's common shares. The units are credited with amounts representing dividends on common shares, as declared, which are also converted into units. For the period of October 2, 2019 through April 1, 2020, the reporting person acquired 101.03 of common share units representing those dividends.

/s/ Efie Vainikos, attorney-infact for Mr. Eskew 04/03/2020

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.