UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

FORM 8-K

CURRENT REPORT

PURSUANT TO SECTION 13 OR 15 (d) OF THE SECURITIES EXCHANGE ACT OF 1934

Date of report (Date of earliest event reported) July 22, 2004

Allstate Life Insurance Company

(Exact Name of Registrant as Specified in Charter)

Illinois0-3124836-2554642(State or Other
Jurisdiction of
Incorporation)(Commission
File Number)(IRS Employer
Identification
Number)

3100 Sanders Road, Northbrook, Illinois (Address of Principal Executive Offices) (Zip Code)

Registrant's telephone number, including area code (847) 402-5000

Item 12. Results of Operations and Financial Condition

The registrant furnishes below its Condensed Consolidated Statements of Operations for the three-month and six- month periods ended June 30, 2004 and 2003 and Condensed Consolidated Statements of Financial Position as of June 30, 2004 and December 31, 2003, prepared in conformity with accounting principles generally accepted in the United States of America, and certain non-GAAP and operating measures:

ALLSTATE LIFE INSURANCE COMPANY AND SUBSIDIARIES CONDENSED CONSOLIDATED STATEMENTS OF OPERATIONS

		Three Mon June	ded		Six Months Ended June 30,			
(in millions)		Est. 2004	 2003		Est. 2004	2003		
Revenues								
Premiums	\$	151	\$ 204	\$	302	\$	521	
Contract charges		236	219		470		428	
Net investment income		795	760		1,578		1,520	
Realized capital gains and losses		(68)	(40)		(95)		(82)	
	,	1,114	1,143	,	2,255		2,387	
Costs and expenses								
Contract benefits		313	378		649		845	
Interest credited to contractholder funds		463	440		912		872	
Amortization of deferred policy acquisition costs		109	85		224		257	
Operating costs and expenses		123	118		225		239	
	<u>-</u>	1,008	 1,021		2,010		2,213	
Loss on disposition of operations		(14)	 <u> </u>		(17)		<u> </u>	
Income from operations before income tax expense and cumulative effect of change in accounting principle,								
after-tax		92	122		228		174	
Income tax expense		37	37		82		50	
Income before cumulative effect of change in accounting								
principle, after-tax		55	85		146		124	

Cumulative effect of change in accounting principle, after-tax			(175)	
Net income (loss)	\$ 55	\$ 85	\$ (29) \$	124

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ALLSTATE LIFE INSURANCE COMPANY AND SUBSIDIARIES CONDENSED CONSOLIDATED STATEMENTS OF FINANCIAL POSITION

in millions, except par value data)		June 30, 004(Est.)	December 31, 2003		
Assets					
Investments					
Fixed income securities, at fair value (amortized cost \$52,594 and \$48,401)	\$	54,624	\$	51,578	
Mortgage loans		6,854		6,354	
Equity securities		273		164	
Short-term		1,448		765	
Policy loans		702		686	
Other		520		442	
Total investments		64,421		59,989	
Cash		108		121	
Deferred policy acquisition costs		3,347		3,202	
Reinsurance recoverables, net		1,365		1,185	
Accrued investment income		574		56	
Other assets		617		323	
Separate Accounts		13,564		13,425	
Total assets	\$	83,996	\$	78,812	
Liabilities					
Contractholder funds	\$	49,365	\$	44,914	
Reserve for life-contingent contract benefits	Ψ	10,533	Ψ	10,480	
Unearned premiums		30		32	
Payable to affiliates, net		65		114	
Other liabilities and accrued expenses		3,933		2,594	
Deferred income taxes		438		779	
Short-term debt		55		_	
Long-term debt		116		45	
Separate Accounts		13,564		13,425	
Total liabilities		78,099		72,383	
Shareholder's Equity					
Redeemable preferred stock – series A, \$100 par value, 1,500,000 shares authorized, 49,230 and 815,460 shares					
issued and outstanding		5		82	
Common stock, \$227 par value, 23,800 shares authorized and outstanding		5		4	
Additional capital paid-in		1,077		1,06	
Retained income		4,143		4,222	
Accumulated other comprehensive income:					
Unrealized net capital gains and losses and net gains and losses on derivative financial instruments		667		1,053	
Total accumulated other comprehensive income		667		1,053	
Total shareholder's equity		5,897		6,429	
	•		¢		
Total liabilities and shareholder's equity	\$	83,996	\$	78,812	

Definitions of Non-GAAP and Operating Financial Measures

We believe that investors' understanding of our performance is enhanced by our disclosure of the following non-GAAP financial measure. Our methods of calculating this measure may differ from those used by other companies and therefore comparability may be limited.

Operating income is income before cumulative effect of change in accounting principle, after-tax, excluding:

• realized capital gains and losses, after-tax, except for periodic settlements and accruals on non-hedge derivative instruments which are reported with realized capital gains and losses but included in operating income,

- amortization of deferred policy acquisition costs ("DAC") and deferred sales inducements ("DSI"), to the extent that they resulted from the recognition of realized capital gains and losses, and
- (loss) gain on disposition of operations, after-tax.

Net income is the GAAP measure that is most directly comparable to operating income.

We use operating income to evaluate our results of operations and as an integral component for incentive compensation. It reveals trends in our insurance and financial services business that may be obscured by the net effect of realized capital gains and losses and (loss) gain on disposition of operations. These items may vary significantly between periods and are generally driven by business decisions and economic developments such as market conditions, the timing of which is unrelated to the insurance underwriting process. Moreover, we reclassify periodic settlements on non-hedge derivative instruments into operating income to report them in a manner consistent with the economically hedged investment or product attributes (e.g. net investment income and interest credited to contractholder funds) and thereby appropriately reflect trends in product performance. Therefore, we believe it is useful for investors to evaluate these components separately and in the aggregate when reviewing our performance. Operating income should not be considered as a substitute for net income and does not reflect the overall profitability of our business.

The following table reconciles operating income and net income.

		Three Mon June	nded	Six Months Ended June 30,			
(\$ in millions)		Est. 2004	2003	Est. 2004	2003		
Operating income	\$	118	\$ 120	\$ 242	\$ 196		
Realized capital gains and losses		(68)	(40)	(95)	(82)		
Income tax benefit		24	13	34	29		
Realized capital gains and losses, after-tax		(44)	(27)	(61)	(53)		
DAC and DSI amortization relating to realized capital gains and							
losses, after-tax		(3)	(7)	(13)	(16)		
Reclassification of periodic settlements and accruals on non-hedge							
derivative instruments, after-tax		(7)	(1)	(11)	(3)		
Loss on disposition of operations, after-tax		(9)	_	(11)	_		
Income before cumulative effect of change in accounting principle,							
after-tax		55	85	146	124		
Cumulative effect of change in accounting principle, after-tax			 	(175)			
Net income (loss)	\$	55	\$ 85	\$ (29)	\$ 124		
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Operating Measures

We believe that investors' understanding of our performance is enhanced by our disclosure of the following operating financial measures. Our method of calculating these measures may differ from that used by other companies and therefore comparability may be limited.

Premiums and deposits is an operating measure that we use to analyze production trends for sales. It includes premiums on insurance policies and annuities and all deposits and other funds received from customers on deposit-type products, which we account for under GAAP as increases to liabilities rather than as revenue.

The following table illustrates where premiums and deposits are reflected in the condensed consolidated financial statements.

	Three Months Ended June 30,					Six Months Ended June 30,			
(\$ in millions)		Est. 2004		2003		Est. 2004		2003	
Premiums	\$	151	\$	204	\$	302	\$	521	
Deposits to contractholder funds, separate accounts and other		4,069		2,894		7,174		4,881	
Premiums and deposits	\$	4,220	\$	3,098	\$	7,476	\$	5,402	

New sales of financial products by Allstate exclusive agencies is an operating measure that we use to quantify the current year sales of financial products by the Allstate proprietary distribution channel. New sales of financial products by Allstate exclusive agencies includes annual premiums on new insurance policies, initial premiums and deposits on annuities, net new deposits in the Allstate Bank, sales of other companies' mutual funds, and excludes renewal premiums. New sales of financial products by Allstate exclusive agencies for the six months ended June 30, 2004 and 2003 totaled est. \$1.01 billion and \$783 million, respectively.

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SIGNATURES

ALLSTATE LIFE INSURANCE COMPANY

By /s/ Samuel H. Pilch

Name: Samuel H. Pilch

Group Vice President and Controller Title:

July 22, 2004