FORM 4

obligations may continue. See Instruction 1(b).

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington,	D.C.	20549	

Check this box if no longer subject to Section 16. Form 4 or Form 5	STATEMENT OF CHANGES IN BENEFICIAL	OWNERSHIP
--	------------------------------------	-----------

OMB APPROVAL OMB Number: Estimated average burden hours per response: 0.5

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* SMITH JOSHUA I				2. Issuer Name and Ticker or Trading Symbol ALLSTATE CORP [ALL]								Relationship heck all appl X Direct	icable)	ng Person(s) to Iss 10% Ov		wner	
(Last) 5801 NIC	CHOLSON	•	(Middle)		3. Date of Earliest Transaction (Month/Day/Year) 12/01/2004								Office below	r (give title)		other (s elow)	specify
(Street) NORTH BETHES (City)			20852 (Zip)	4	. If Ame	endment,	Date	of Original I	-iled	(Month/D	ay/Year)	6. Lir	ne) X Form	Joint/Group filed by One filed by More n	Reporting	Perso	n
		Tab	le I - Non-E	Derivati	ve Se	curitie	s Ac	quired, I	Disp	osed o	of, or Be	neficia	lly Owne	d			
Date			Transaction ate Month/Day/	Execution Date,			Code (II 8)		Dispose	ities Acqui d Of (D) (In (A) C	str. 3, 4 an	Benefic	es ially Following ed etion(s)	6. Ownersl Form: Dire (D) or Indir (I) (Instr. 4)	ect	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
		Т	able II - De (e.					uired, Di s, option					y Owned				
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	ercise (Month/Day/Year of ative	3A. Deemed Execution Da if any (Month/Day/\)	Code	saction e (Instr.	5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date Exe Expiration (Month/Day		7. Title and Amount of Securities Underlying Derivative Secu (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction (Instr. 4)	Ownershi Form: Direct (D) or Indirec (I) (Instr. 4	: t (D) direct	Beneficial Ownership (Instr. 4)	
				Code	e V	(A)	(D)	Date Exercisable		xpiration ate	Title	Amount or Number of Shares					
Restricted Stock Units	\$0 ⁽¹⁾	12/01/2004		A		2,000		(1)		(1)	Common Stock	2,000	\$0 ⁽¹⁾	2,000		D	

Explanation of Responses:

1. Restricted Stock Units (RSUs) are granted under The Allstate Corporation Equity Incentive Plan for Non-Employee Directors, as Amended and Restated effective as of November 9, 2004. Each RSU represents the right to receive one share of Allstate common stock upon the earlier of (i) the date of the reporting person's death or disability, and (ii) one year after the date on which the reporting person is no longer serving as a director of Allstate.

JOSHUA I SMITH

12/02/2004

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.