FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL									
OMB Number:	3235-0287								
Estimated average burden									

0.5

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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934

					r Section	on 30(h)	of the	Investment C	Company Act	t of 1940					
1. Name and Address of Reporting Person* <u>LEMAY RONALD T</u>					2. Issuer Name and Ticker or Trading Symbol ALLSTATE CORP [ALL]						5. Relationship of Reporting Person(s) to Issuer (Check all applicable)				
									_			X Direct	or	10% O	wner
(Last)	(F ER CAPIT	,	(Middle)		3. Date of Earliest Transaction (Month/Day/Year) 12/01/2004							Office below	r (give title)	Other (below)	specify
1901 W. 47TH PLACE, SUITE 310				4	4. If Amendment, Date of Original Filed (Month/Day/Year)						6. Individual or Joint/Group Filing (Check Applicable Line)				
(Street) WESTW	OOD K	S.S.	66205									X Form	filed by More	Reporting Person	
(City)	(5	State)	(Zip)	-								Perso	n		
		Tab	le I - Non-	Derivati	/e Sec	curitie	s Ac	quired, D	isposed (of, or B	eneficia	lly Owne	d		
Date			t. Transactio Date Month/Day/	Day/Year) Ex		ied n Date, ay/Yea	Code (Instr. 5)				Benefic	ties Fo cially (D) I Following (I)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership	
							Code V	Amount	(A) (D)	or Price	Transac (Instr. 3	tion(s)		(Instr. 4)	
		Т	able II - Do					uired, Dis , options				y Owned			
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security		Execution Date, if any	Code	Transaction Code (Instr.			6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
				Code	e V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares				
Restricted															

Explanation of Responses:

Stock Units \$0⁽¹⁾

1. Restricted Stock Units (RSUs) are granted under The Allstate Corporation Equity Incentive Plan for Non-Employee Directors, as Amended and Restated effective as of November 9, 2004. Each RSU represents the right to receive one share of Allstate common stock upon the earlier of (i) the date of the reporting person's death or disability, and (ii) one year after the date on which the reporting person is no longer serving as a director of Allstate.

(1)

RONALD T LE MAY

2,000

\$0⁽¹⁾

Common Stock

(1)

** Signature of Reporting Person

12/02/2004 Date

2,000

D

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

12/01/2004

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.

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