FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

l	OMB APPRO	VAL
	OMB Number:	3235-0287
l	Estimated average burd	en
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

					٥.	0000.0.	. 00(., 00			ompany / tot	0. 20.0							
1. Name ar		2. Issuer Name and Ticker or Trading Symbol ALLSTATE CORP [ALL]								Check	all application	cable)	g Person(s) to Iss 10% Ov Other (s		wner				
(Last) C/O THI 2775 SA		3. Date of Earliest Transaction (Month/Day/Year) 08/11/2014								X	below)	-		ow)	,				
2773311	TIDERO ICC	_ 4. I	4. If Amendment, Date of Original Filed (Month/Day/Year)									6. Individual or Joint/Group Filing (Check Applicable							
(Street)											Line) X Form filed by One Reporting Person Form filed by More than One Reporting Person								
(City)	(S	tate)	(Zip)												1 01301				
		Tab	le I - N	on-Deri	vative	Sec	uriti	es Ac	quire	d, Di	sposed o	of, or Be	nefici	ally	Owned	l			
Date				2. Transac Date (Month/Da		2A. Deemed Execution Date, if any (Month/Day/Year)		3. Transaction Code (Instr. 8)		4. Securities Acquired (A) Disposed Of (D) (Instr. 3,			and 5) Secu Bene Owne		es ially Following	6. Ownershi Form: Direc (D) or Indire (I) (Instr. 4)	t B	7. Nature of Indirect Beneficial Ownership	
									Code	v	Amount	(A) or (D)	Price		Reporte Transac (Instr. 3	tion(s)		("	nstr. 4)
Common	Stock	2014)14			М		2,526	A	\$52.	57	14	14,933						
Common	2014)14			М		8,000	A	\$16.	5.83		,933	D						
Common	2014)14			S		10,526	D	\$59.72	² 29 ⁽¹⁾ 12		,407	D						
Common											8,117 ⁽²⁾		4	By 01(k) Han					
		7	able II								posed of converti				wned		,		
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)		4. Transa Code (8)			6. Date Expirat (Month	ion Da		7. Title and Amount of Securities Underlying Derivative Securi (Instr. 3 and 4)		De Se (In	Price of crivative curity str. 5)	9. Number derivative Securities Beneficial Owned Following Reported Transactio (Instr. 4)	Ownersh Form: Direct (D or Indire (I) (Instr.	(D) rect	11. Nature of Indirect Beneficial Ownership (Instr. 4)	
					Code	ode V		(D)	Date Exercis	able	Expiration Date	Title	Amoun or Numbe of Shares	r					
Employee Stock Option (Right to Buy)	\$52.57	08/11/2014			M			2,526	02/22/2	2009	02/22/2015	Common Stock	2,526	5	\$0	0	D		
Employee Stock Option (Right to Buy)	\$16.83	08/11/2014			M			8,000	02/27/2	2013	02/27/2019	Common Stock	8,000		\$0	14,337	7 D		

Explanation of Responses:

- 1. Reflects weighted average sale price for open-market sales transaction reported herein. Actual sale prices ranged from \$59.690 to \$59.770. The reporting person provided the issuer, and will provide any security holder of The Allstate Corporation or member of the SEC staff, full information regarding the number of shares sold at each separate price upon request.
- 2. Reflects acquisition of 69 shares of The Allstate Corporation common stock since February 18, 2014 under the Allstate 401(k) Savings Plan, pursuant to the most recent plan statement, dated August 7, 2014.

/s/ Susan L. Lees

08/13/2014

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.