UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

Notice of Effectiveness

	Nouce of Effectiveness
Effectiveness Date:	October 30, 2014 12:00 P.M.
Form:	S-3
CIK:	0000352736
Company Name:	ALLSTATE LIFE INSURANCE CO
File Number:	<u>333-199264</u>