| SEC Form 4 |  |
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## FORM 4

# UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

| Check this box if no longer subject to |
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| Section 16. Form 4 or Form 5           |
| obligations may continue. See          |
| Instruction 1(b).                      |

### STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

# OMB APPROVAL OMB Number: 3235-0287

| Estimated average burden |     |
|--------------------------|-----|
| hours per response:      | 0.5 |

| 1. Nume and Address of Reporting reison |         |          | 2. Issuer Name and Ticker or Trading Symbol<br>ALLSTATE CORP [ ALL ]  |   |  |               |  |
|---|---------|----------|---|---|--|---------------|--|
| <u>MILLI IIJO</u>                       |         |          |   | X | Director                                       | 10% Owner     |  |
| (Last)<br>COOPER INDU                   |         | (Middle) | ALLSTATE CORP [ ALL ]       (Check all applicable)         X       Director       10% OV         3. Date of Earliest Transaction (Month/Day/Year)       0fficer (give title below)       Other (stellar)         12/01/2004       0       0 |   | Other (specify<br>below)                       |               |  |
| 600 TRAVIS, SUITE 5800                  |         |          | 4. If Amendment, Date of Original Filed (Month/Day/Year)  |   | vidual or Joint/Group Filing (Check Applicable |               |  |
| (Street)                                |         |          |   | X | Form filed by One Repor                        | ting Person   |  |
| HOUSTON                                 | TX      | 77002    |   |   |  | One Reporting |  |
| (City)                                  | (State) | (Zip)    |   |   |  |               |  |

### Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

| 1. Title of Security (Instr. 3) | 2. Transaction<br>Date<br>(Month/Day/Year) | 2A. Deemed<br>Execution Date,<br>if any<br>(Month/Day/Year) | 3.<br>Transa<br>Code (<br>8) |   | Disposed Of ( | Securities Acquired (A) or<br>posed Of (D) (Instr. 3, 4 and |       |                                    | 6. Ownership<br>Form: Direct<br>(D) or Indirect<br>(I) (Instr. 4) | 7. Nature<br>of Indirect<br>Beneficial<br>Ownership<br>(Instr. 4) |
|---------------------------------|--|---|------------------------------|---|---------------|---|-------|------------------------------------|---|---|
|                                 |  |   | Code                         | v | Amount        | (A) or<br>(D)   | Price | Transaction(s)<br>(Instr. 3 and 4) |   | (instr. 4)  |

# Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

| 1. Title of<br>Derivative<br>Security<br>(Instr. 3) | 2.<br>Conversion<br>or Exercise<br>Price of<br>Derivative<br>Security | 3. Transaction<br>Date<br>(Month/Day/Year) | 3A. Deemed<br>Execution Date,<br>if any<br>(Month/Day/Year) | 4.<br>Transa<br>Code (<br>8) |   | of I  |     | 6. Date Exerc<br>Expiration Da<br>(Month/Day/N | ate                | 7. Title and<br>Amount of<br>Securities<br>Underlying<br>Derivative Security<br>(Instr. 3 and 4) |  | 8. Price of<br>Derivative<br>Security<br>(Instr. 5) | 9. Number of<br>derivative<br>Securities<br>Beneficially<br>Owned<br>Following<br>Reported<br>Transaction(s)<br>(Instr. 4) | 10.<br>Ownership<br>Form:<br>Direct (D)<br>or Indirect<br>(I) (Instr. 4) | 11. Nature<br>of Indirect<br>Beneficial<br>Ownership<br>(Instr. 4) |
|---|---|--|---|------------------------------|---|-------|-----|--|--------------------|--|--|---|--|--|--|
|   |   |  |   | Code                         | v | (A)   | (D) | Date<br>Exercisable                            | Expiration<br>Date | Title  | Amount<br>or<br>Number<br>of<br>Shares |   |  |  |  |
| Restricted<br>Stock<br>Units                        | \$0 <sup>(1)</sup>  | 12/01/2004                                 |   | Α                            |   | 2,000 |     | (1)  | (1)                | Common<br>Stock  | 2,000                                  | \$0 <sup>(1)</sup>                                  | 2,000  | D  |  |

#### Explanation of Responses:

1. Restricted Stock Units (RSUs) are granted under The Allstate Corporation Equity Incentive Plan for Non-Employee Directors, as Amended and Restated effective as of November 9, 2004. Each RSU represents the right to receive one share of Allstate common stock upon the earlier of (i) the date of the reporting person's death or disability, and (ii) one year after the date on which the reporting person is no longer serving as a director of Allstate.



12/02/2004

\*\* Signature of Reporting Person

<u>12/02/2</u> Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

\* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

\*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.