FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL									
OMB Number:	3235-0287								
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Name and Address of Reporting Person* Gupta Suren					2. Issuer Name and Ticker or Trading Symbol ALLSTATE CORP [ALL]										k all applic Directo	able)		son(s) to Iss 10% Ov Other (s	/ner	
(Last) (First) (Middle) C/O THE ALLSTATE CORPORATION					3. Date of Earliest Transaction (Month/Day/Year) 01/03/2023									below) President, Enterprise Services						
3100 SANDERS ROAD (Street) NORTHBROOK IL 60062-715					4. If Amendment, Date of Original Filed (Month/Day/Year)										6. Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person Form filed by More than One Reporting Person					
(City)	(S		(Zip) le I - Nor	n-Deriv	/ative	e Se	curi	ties Ac	auired	. Dis	sposed o	of, or Be	enefici	allv	Owned					
1. Title of Security (Instr. 3)				2. Transaction Date (Month/Day/Year)		ar)	2A. Deemed Execution Date,		3. Transaction Code (Instr.		4. Securities Acquired (A) Disposed Of (D) (Instr. 3,		ed (A) o	or 5. Amou		nt of	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership	
						, , , ,		Code	V Amount (A) or (D)		r Pric	e	Reported Transact	Reported Transaction(s) (Instr. 3 and 4)			(Instr. 4)			
Common Stock				01/03	01/03/2023				М		20,24	1 A	\$52	\$52.18		,511(1)		D		
Common Stock					01/03/2023				S		20,24	1 D	\$1	137	82,2	270(1)		D		
Common Stock															1,0)70		I	By son	
Common Stock															1,248			Ι .	By 401(k) Plan	
		٦	Гable II -								osed of, convertil				Owned					
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Da if any (Month/Day/Y	Date,	Code (Inst				6. Date Exercisa Expiration Date (Month/Day/Yea		е	7. Title and Amoun of Securities Underlying Derivative Security (Instr. 3 and 4)		1	3. Price of Derivative Security Instr. 5)	9. Number derivative Securities Beneficial Owned Following Reported Transactio (Instr. 4)	Or For Direction or (I)	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)	
					Code	v	(A)	(D)	Date Exercisa		Expiration Date	Title	Amou or Numb of Share	er						
Employee Stock Option (Right to Buy)	\$52.18	01/03/2023			M			20,241	02/18/20	17	02/18/2024	Common Stock	20,24	41	\$0	0		D		

Explanation of Responses:

1. The transactions reported on this Form 4 were effected pursuant to a Rule 10b5-1 trading plan that became effective on December 20, 2022.

/s/ Daniel G. Gordon, attorneyin-fact for Suren Gupta 01/05/2023

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.