UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

FORM 8-K

CURRENT REPORT PURSUANT TO SECTION 13 OR 15 (d) OF THE SECURITIES EXCHANGE ACT OF 1934

Date of report (Date of earliest event reported): April 21, 2022

THE ALLSTATE CORPORATION

(Exact name of registrant as specified in its charter)

Delaware

(State or other jurisdiction of incorporation)

1-11840 (Commission File Number) 36-3871531 (IRS Employer

Identification No.)

2775 Sanders Road, Northbrook, Illinois 60062

(Address of principal executive offices) (Zip Code)

Registrant's telephone number, including area code (847) 402-5000

Check the appropriate box below if the Form 8-K filing is intended to simultaneously satisfy the filing obligation of the registrant under any of the following provisions:

□ Written communications pursuant to Rule 425 under the Securities Act (17 CFR 230.425)

Soliciting material pursuant to Rule 14a-12 under the Exchange Act (17 CFR 240.14a-12)

Pre-commencement communications pursuant to Rule 14d-2(b) under the Exchange Act (17 CFR 240.14d-2(b))

□ Pre-commencement communications pursuant to Rule 13e-4(c) under the Exchange Act (17 CFR 240.13e-4(c))

Securities registered pursuant to Section 12(b) of the Act:

| Title of each class | | Name of each exchange on which registered | |
|--|----------|---|--|
| Common Stock, par value \$0.01 per share | ALL | New York Stock Exchange Chicago Stock Exchange | |
| 5.100% Fixed-to-Floating Rate Subordinated Debentures due 2053 | ALL.PR.B | New York Stock Exchange | |
| Depositary Shares represent 1/1,000th of a share of 5.625% Noncumulative Preferred Stock, Series G | ALL PR G | New York Stock Exchange | |
| Depositary Shares represent 1/1,000th of a share of 5.100% Noncumulative Preferred Stock, Series H | ALL PR H | New York Stock Exchange | |
| Depositary Shares represent 1/1,000th of a share of 4.750% Noncumulative Preferred Stock, Series I | ALL PR I | New York Stock Exchange | |

Indicate by check mark whether the registrant is an emerging growth company as defined in Rule 405 of the Securities Act of 1933 (§230.405 of this chapter) or Rule 12b-2 of the Securities Exchange Act of 1934 (§240.12b-2 of this chapter).

Emerging growth company

If an emerging growth company, indicate by check mark if the registrant has elected not to use the extended transition period for complying with any new or revised financial accounting standards provided pursuant to Section 13(a) of the Exchange Act.

Section 2 – Financial Information

Item 2.02. Results of Operations and Financial Condition

The Registrant's press release dated April 21, 2022, announcing its estimated catastrophe losses for March 2022 and first quarter 2022, prior year reserve reestimates, and the Registrant's implemented auto rate exhibit for March 2022 are posted on allstateinvestors.com and are attached hereto as Exhibit 99.1 and 99.2, respectively, which are incorporated herein by reference. These exhibits are furnished and not filed, pursuant to Instruction B.2 of Form 8-K.

Section 9 – Financial Statements and Exhibits

| ltem 9.01. | Financial Statements an | d Exhibits. |
|--------------------|-------------------------|---|
| (d) | Exhibits | |
| <u>Exhibit No.</u> | | Description |
| 99.1 | | The Registrant's catastrophe losses, prior year reserve reestimates and implemented auto rates press release dated April 21, 2022 |
| 99.2 104 | | The Registrant's implemented auto rate exhibit for March 2022 Cover Page Interactive Data File (formatted as inline XBRL). |

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SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

THE ALLSTATE CORPORATION (Registrant)

By: Name: Title: /s/ Daniel G. Gordon Daniel G. Gordon Vice President, Assistant General Counsel and Assistant Secretary

Date: April 21, 2022

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NEWS

FOR IMMEDIATE RELEASE

Contacts:

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|-----------------|--------------------|
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Allstate Announces March 2022 and First Quarter 2022 Catastrophe Losses, Prior Year Reserve Reestimates and Implemented Auto Rates

NORTHBROOK, III., April 21, 2022 – The Allstate Corporation (NYSE: ALL) today announced estimated catastrophe losses for the month of March of \$227 million or \$179 million, after-tax. March catastrophe losses included six events, primarily tornado and wind in Texas and the southeast, estimated at \$246 million, plus favorable reserve reestimates for prior events. Catastrophe losses for the first guarter totaled \$462 million, pre-tax.

Inflationary trends continue to adversely impact both current and prior report year incurred severity and loss reserve estimates. As a result, beginning with this month's release, we are further expanding reporting transparency by disclosing quarterly non-catastrophe prior year reserve reestimates (favorable or unfavorable) in the release issued for the final month of each quarter. For the first quarter of 2022, unfavorable non-catastrophe prior year reserve reestimates totaled approximately \$160 million and were primarily driven by both auto physical damage and bodily injury severity. Prior year resetments reflect the impact of rapid increases in loss costs since the second quarter of 2021. We also continue to experience the impact of elevated severity inflation in the current report year, with Allstate brand report year incurred severity on property damage and bodily injury coverages estimated to increase by 11.0% and 8.0%, respectively, relative to 2021.

"Given the ongoing loss-cost impacts of the current inflationary environment, Allstate has increased the magnitude of auto rate increases we expect to implement throughout 2022. In March, Allstate brand implemented rate increases averaged 9.8% across 15 locations, resulting in total Allstate brand insurance premium impact of 1.4%. National General implemented rate increases averaged 3.8% across 7 locations in the month. In the Allstate brand, we have implemented 53 rate increases averaging approximately 8.2% across 41 locations since the beginning of the fourth quarter 2021. These locations represent approximately 62% of 2021 Allstate brand auto written premiums. The increase to Allstate brand total auto insurance written premiums of approximately 6.5% implemented over this six-month period will be earned throughout this year and into 2023," said Mario Rizzo, Chief Financial Officer of The Allstate Corporation. Our implemented auto rate exhibit has been posted on allstateinvestors.com.

Financial information, including material announcements about The Allstate Corporation, is routinely posted on www.allstateinvestors.com.

Forward-Looking Statements

This news release contains "forward-looking statements" that anticipate results based on our estimates, assumptions and plans that are subject to uncertainty. These statements are made subject to the safe-harbor provisions of the Private Securities Litigation Reform Act of 1995. These forward-looking statements do not relate strictly to historical or current facts and may be identified by their use of words like "plans," "seeks," "expects," "will," "should," "anticipates," "estimates," "intends," "believes," "likely," "targets" and other words with similar meanings. We believe these statements are based on reasonable estimates, assumptions and plans underlying the forward-looking statements prove inaccurate or if other risks or uncertainties arise, actual results could differ materially from those communicated in these forward-looking statements. Factors that could cause actual results to differ materially from those

expressed in, or implied by, the forward-looking statements may be found in our filings with the U.S. Securities and Exchange Commission, including the "Risk Factors" section in our most recent annual report on Form 10-K. Forward-looking statements are as of the date on which they are made, and we assume no obligation to update or revise any forward-looking statement. # # # #

The Allstate Corporation Allstate Protection Impact of Net Rate Changes Implemented on Premiums Written

| For the month ended March 31, 2022 | | | Three months ended March 31, 2022 | | | |
|---------------------------------------|---|--|--|---|---|--|
| Number of locations ⁽¹⁾ | Total brand (%) (2) | Location specific (%) (3) | Number of locations | Total brand (%) (4) | Location specific (%) | |
| | | 80 | | | | |
| 15 | 1.4 | 9.8 | 28 | 3.6 | 9.3 | |
| | | | | | | |
| 7 | 1.4 | 3.8 | 24 | 1.9 | 4.6 | |
| | Three months ended December 31, 2021 | | | Three months ended September 30, 2021 | | |
| Number of locations | Total brand (%) (4) | Location specific (%) | Number of locations | Total brand (%) | Location specific (%) | |
| | | | | | | |
| 25 | 2.9 | 7.1 | 20 | 0.3 | 2.1 | |
| | | | | | | |
| 22 | 2.4 | 5.7 | 13 | 2.5 | 5.6 | |
| | Number of locations (1) | March 31, 2022 Number of locations ⁽¹⁾ Total brand (%) ⁽²⁾ 15 1.4 7 1.4 Three months ended December 31, 2021 Number of locations Total brand (%) ⁽⁴⁾ 25 2.9 | March 31, 2022 Number of locations ⁽¹⁾ Total brand (%) ⁽²⁾ Location specific (%) ⁽³⁾ 15 1.4 9.8 7 1.4 3.8 Three months ended December 31, 2021 Number of locations Total brand (%) ⁽⁴⁾ Location specific (%) 25 2.9 7.1 | March 31, 2022 Location Number of locations ⁽¹⁾ Total brand (%) ⁽²⁾ Location specific (%) ⁽³⁾ Number of locations 15 1.4 9.8 28 7 1.4 3.8 24 Three months ended December 31, 2021 Location locations Number of locations Number of locations Total brand (%) ⁽⁴⁾ Location specific (%) Number of locations 25 2.9 7.1 20 | March 31, 2022 March 31, 2022 Number of locations ⁽¹⁾ Total brand (%) ⁽²⁾ Location specific (%) ⁽³⁾ Number of locations Total brand (%) ⁽⁴⁾ 15 1.4 9.8 28 3.6 7 1.4 3.8 24 1.9 Three months ended December 31, 2021 Three months ended September 30, 2021 Three months ended September 30, 2021 Number of locations Total brand (%) ⁽⁴⁾ Location specific (%) Number of locations 25 2.9 7.1 20 0.3 | |

Refers to the number of U.S. states, the District of Columbia or Canadian provinces where rate changes have been implemented. Allstate brand operates in 50 states, the District of Columbia, and 5 Canadian provinces. National General operates in 50 states and the District of Columbia.
Represents the impact in the locations where rate changes were implemented during the period as a percentage of total brand prior year-end premiums written.

written. ⁽³⁾ Represents the impact in the locations where rate changes were implemented during the period as a percentage of its respective total prior year-end premiums written in those same locations.

⁽⁴⁾ Total Allstate brand implemented auto insurance rate increases totaled \$862 million in the first quarter of 2022, after implementing \$702 million of rate increases in the fourth quarter of 2021.