UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

FORM 8-K

CURRENT REPORT PURSUANT TO SECTION 13 OR 15 (d) OF THE **SECURITIES EXCHANGE ACT OF 1934**

Date of report (Date of earliest event reported): June 18, 2020 THE ALLSTATE CORPORATION

(Exact name of registrant as specified in its charter)

Delaware	1-11840		36-3871531
(State or other	(Commission		(IRS Employer
jurisdiction of incorporation)	File Number)		Identification No.)
	2775 Sanders Road, Northbrook, Illinois (60062	
(,	Address of principal executive offices) (Zip	Code)	
Registrant'	's telephone number, including area code (847	7) 402-5000	
Check the appropriate box below if the Form 8-K filing following provisions:	g is intended to simultaneously satisfy the filin	ng obligation of the re	egistrant under any of the
 □ Written communications pursuant to Rule 425 under □ Soliciting material pursuant to Rule 14a-12 under th □ Pre-commencement communications pursuant to Ru □ Pre-commencement communications pursuant to Ru 	ne Exchange Act (17 CFR 240.14a-12) ale 14d-2(b) under the Exchange Act (17 CFR		
Securities registered pursuant to Section 12(b) of the A	.ct:		
Title of each	h class	Trading Symbols	Name of each exchange on which registered
Common Stock, par value \$0.01 per share		ALL	New York Stock Exchange Chicago Stock Exchange
5.100% Fixed-to-Floating Rate Subordinated Debentures due 2053		ALL.PR.B	New York Stock Exchange
$Depositary\ Shares\ represent\ 1/1,000th\ of\ a\ share\ of\ 5.625\%\ Noncumulative\ Preferred\ Stock,\ Series\ G$		ALL PR G	New York Stock Exchange
$Depositary\ Shares\ represent\ 1/1,000th\ of\ a\ share\ of\ 5.100\%\ Noncumulative\ Preferred\ Stock,\ Series\ H$		ALL PR H	New York Stock Exchange
Depositary Shares represent 1/1,000th of a share of 4.750% Noncum	ıulative Preferred Stock, Series I	ALL PR I	New York Stock Exchange
Indicate by check mark whether the registrant is an em chapter) or Rule 12b-2 of the Securities Exchange Act		5 of the Securities A	ct of 1933 (§230.405 of this
	Emergin	g growth company	
If an emerging growth company, indicate by check mark i financial accounting standards provided pursuant to Section		ed transition period fo	r complying with any new or revised

Section 7 – Regulation FD

(d)

Item 7.01. Regulation FD Disclosure.

The Registrant's press release dated June 18, 2020, announcing its estimated catastrophe losses for May 2020, is attached hereto as Exhibit 99 and is incorporated herein by reference. The press release is furnished and not filed, pursuant to Instruction B.2 of Form 8-K.

Section 9 – Financial Statements and Exhibits

Item 9.01.	Financial Statements and Exhibits.	
(d)	Exhibits	

Exhibit No. Description

Registrant's press release dated June 18, 2020. The press release is furnished and not filed, pursuant to Instruction B.2 of Form 8-K. 99

104 Cover Page Interactive Data File (formatted as inline XBRL).

SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

THE ALLSTATE CORPORATION

(Registrant)

By: /s/ Daniel G. Gordon

Name: Daniel G. Gordon

Title: Vice President, Assistant General

Counsel and Assistant Secretary

Date: June 18, 2020



NEWS

FOR IMMEDIATE RELEASE

Contacts:
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Allstate Announces May 2020 Catastrophe Losses

NORTHBROOK, Ill., June 18, 2020 – The Allstate Corporation (NYSE: ALL) today announced estimated catastrophe losses for the month of May of \$350 million, pre-tax (\$277 million, after-tax).

Catastrophe losses occurring in May comprised eight events at an estimated cost of \$346 million, pre-tax (\$273 million, after-tax), plus unfavorable prior period reserve reestimates. Four severe weather events which included rain, wind and hail, primarily impacting Texas and the Midwest, accounted for approximately 80% of May estimated catastrophe losses.

Allstate previously announced \$632 million, pre-tax (\$499 million, after-tax), in estimated catastrophe losses for the month of April 2020, bringing estimated catastrophe losses for the months of April and May 2020 to \$982 million, pre-tax (\$776 million, after-tax).

Financial information, including material announcements about The Allstate Corporation, is routinely posted on www.allstateinvestors.com.

Forward-Looking Statements

This news release contains "forward-looking statements" that anticipate results based on our estimates, assumptions and plans that are subject to uncertainty. These statements are made subject to the safe-harbor provisions of the Private Securities Litigation Reform Act of 1995. These forward-looking statements do not relate strictly to historical or current facts and may be identified by their use of words like "plans," "seeks," "expects," "will," "should," "anticipates," "estimates," "intends," "believes," "likely," "targets" and other words with similar meanings. We believe these statements are based on reasonable estimates, assumptions and plans. However, if the estimates, assumptions or plans underlying the forward-looking statements prove inaccurate or if other risks or uncertainties arise, actual results could differ materially from those communicated in these forward-looking statements. Factors that could cause actual results to differ materially from those expressed in, or implied by, the forward-looking statements may be found in our filings with the U.S. Securities and Exchange Commission, including the "Risk Factors" section in our most recent annual report on Form 10-K. Forward-looking statements are as of the date on which they are made, and we assume no obligation to update or revise any forward-looking statement.

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