FORM 4

obligations may continue. See Instruction 1(b).

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

Check this box if no longer subject to Section 16. Form 4 or Form 5	STATEMENT OF CHANGES IN BENEFICIAL OWNERSH
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Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* SPRIESER JUDITH A						2. Issuer Name and Ticker or Trading Symbol ALLSTATE CORP [ALL]										ionship of Reporting all applicable) Director		Person(s) to Issuer 10% Owner				
(Last) TRANSO		,	Middle)		3. Date of Earliest Transaction (Month/Day/Year) 12/01/2003 Officer (give title below) below) Other (specify below)																	
10 S. RIVERSIDE PLAZA, SUITE 2000						4. If Amendment, Date of Original Filed (Month/Day/Year)										Individual or Joint/Group Filing (Check Applicable Line)						
(Street) CHICAGO IL 60606																X Form filed by One Reporting Person Form filed by More than One Report Person						
(City)	(St	ate) (Zip)																			
		Tabl	e I - Non	-Deriv	ative	Sec	curitie	s Ac	quired,	Dis	posed o	f, or	Bene	eficia	ally O	wne	d					
Date				Date				2A. Deemed Execution Date, if any (Month/Day/Year		Transaction Dispose Code (Instr. 5)		ities Acquired (A d Of (D) (Instr. 3,			4 and Se Be Ov		unt of ies cially Following	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership (Instr. 4)		
									Code	v	Amount		(A) or (D)	Price	, т	Reported Transaction(s) (Instr. 3 and 4)				(111511.4)		
Common Stock accompanied by tax-offset right				12/01/2003					A ⁽¹⁾		1,000		A	\$	0	5,000		D				
		Та	ble II - D								sed of, onvertib				y Owr	ned						
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deeme Execution if any (Month/Da	Date, Trans Code			5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date E Expiratio (Month/D	е	Amount of Securities Underlying Derivative Security (Instr. and 4)			8. Price Derivat Securit (Instr. §	vative urity tr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction((Instr. 4)	Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	t (D) lirect	11. Nature of Indirect Beneficial Ownership (Instr. 4)			
					Code	v	(A)	(D)	Date Exercisa		Expiration Date	Title	Amo or Nun of Sha	nber								

Explanation of Responses:

1. Exempt grant to reporting person pursuant to the terms of The Allstate Corporation Equity Incentive Plan for Non-Employee Directors.

JUDITH A. SPRIESER

11/19/2003

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.