SEC Form 4

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

OMB APPROVAL	
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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

☐ Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. *See* Instruction 1(b).

☐ Check this box to indicate that a transaction was made pursuant to a contract, instruction or written plan for the purchase or sale of equity securities of the issuer that is intended to satisfy the affirmative defense conditions of Rule 10b5-1(c). See Instruction 10.

1. Name and Address of Reporting Person*

WILSON THOMAS J

(Last) (First) (Middle)

C/O THE ALLSTATE CORPORATION

3100 SANDERS ROAD

(Street)

NORTHBROOK IL 60062-7154

(City) (State) (Zip)

2. Issuer Name **and** Ticker or Trading Symbol

ALLSTATE CORP [ALL]

Foreign Trading Symbol

3. Date of Earliest Transaction (Month/Day/Year)

11/06/2026

4. If Amendment, Date of Original Filed (Month/Day/Year)

5. Relationship of Reporting Person(s) to Issuer (Check all applicable)

☑ Director ☐ 10% Owner

☑ Officer (give title below) ☐ Other (specify below)

Chairman, President & CEO

6. Individual or Joint/Group Filing (Check Applicable Line)

☑ Form filed by One Reporting Person

☐ Form filed by More than One Reporting Person

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)		4. Securities Acquired (A) or Disposed Of (D) (Instr. 3, 4 and 5)			5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
			Code	V	Amount	(A) or (D)	Price			
Common Stock	11/06/2026		M		165,630	A	$78.35	165,630	I	By TJW Options LLC 2017 Series
Common Stock	11/06/2026		F		49,615(1)	D	$261.56	116,015	I	By TJW Options LLC 2017 Series
Common Stock	11/06/2026		S		35,200	D	$260.1034(2)	80,815	I	By TJW Options LLC 2017 Series
Common Stock	11/06/2026		S		1,382	D	$261.2564(3)	79,433	I	By TJW Options LLC 2017 Series
Common Stock	11/06/2026		M		82,817	A	$78.35	82,817	I	By TJW Options LLC 2017 Series Last Third
Common Stock	11/06/2026		F		24,838(1)	D	$261.25	57,979	I	By TJW Options LLC 2017 Series Last Third
Common Stock	11/06/2026		S		6,495	D	$260.2546(4)	51,484	I	By TJW Options LLC 2017 Series Last Third
Common Stock								31,900	I	By 2024-C GRAT
Common Stock								35,822(5)	I	By 2025-A GRAT
Common Stock								94,729	I	By 2025-E GRAT
Common Stock								82,545(6)	I	By 2026-B GRAT

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)		4. Securities Acquired (A) or Disposed Of (D) (Instr. 3, 4 and 5)			5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
			Code	V	Amount	(A) or (D)	Price			
Common Stock								27,230.729[6][7]	D	
Common Stock								7,779	I	By 401(k) Plan
Common Stock								324,088	I	By 2020 GRAT Remainder Trust
Common Stock								257,535	I	Remainder GRAT

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
				Code	V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares				
Employee Stock Option (Right to Buy)	$78.35	11/06/2026		M			165,630	02/09/2020	02/09/2027	Common Stock	165,630	$0	0	I	by TJW Options LLC 2017 Series
Employee Stock Option (Right to Buy)	$78.35	11/06/2026		M			82,817	02/09/2020	02/09/2027	Common Stock	82,817	$0	0	I	By TJW Options LLC 2017 Series Last Third
Employee Stock Option (Right to Buy)	$78.35							02/09/2020	02/09/2027	Common Stock	0		0	D	

Explanation of Responses:

1. Shares withheld by issuer to pay the option exercise price in connection with the exercise.

2. Reflects weighted average sale price for open-market sales transactions reported herein. Actual sales prices ranged from $260.00 to $260.98. The reporting person provided to the issuer, and will provide to any security holder of The Allstate Corporation or member of the SEC staff, full information regarding the number of shares sold at each separate price upon request.

3. Reflects weighted average sale price for open-market sales transactions reported herein. Actual sales prices ranged from $261.22 to $261.42. The reporting person provided to the issuer, and will provide to any security holder of The Allstate Corporation or member of the SEC staff, full information regarding the number of shares sold at each separate price upon request.

4. Reflects weighted average sale price for open-market sales transactions reported herein. Actual sales prices ranged from $260.185 to $260.90. The reporting person provided to the issuer, and will provide to any security holder of The Allstate Corporation or member of the SEC staff, full information regarding the number of shares sold at each separate price upon request.

5. Reflects distribution and transfer of 34,000 shares formerly held by the Thomas J. Wilson 2025-A GRAT Trust to direct ownership on March 23, 2026.

6. On March 23, 2026, following the distribution and transfer of 34,000 shares from the Thomas J. Wilson 2025-A GRAT Trust to direct ownership, the reporting person contributed a total of 82,545 shares to the Thomas J. Wilson 2026-B GRAT Trust.

7. Balance also reflects 50.426 shares acquired during the period of January 3, 2026 through October 1, 2026, through the Shareowner Service Plus Plan, which reinvests dividends paid on The Allstate Corporation common shares.

/s/ Thomas J. Wilson — 11/10/2026

** Signature of Reporting Person — Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

* If the form is filed by more than one reporting person, *see* Instruction 4 (b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations *See* 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.