UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

FORM 8-K

CURRENT REPORT PURSUANT TO SECTION 13 OR 15 (d) OF THE SECURITIES EXCHANGE ACT OF 1934

Date of report (Date of earliest event reported): February 17, 2022 THE ALLSTATE CORPORATION

(Exact name of registrant as specified in its charter)

Delaware

(State or other jurisdiction of incorporation)

1-11840 (Commission File Number)

36-3871531 (IRS Employer Identification No.)

2775 Sanders Road, Northbrook, Illinois 60062

(Address of principal executive offices) (Zip Code)

Registrant's telephone number, including area code (847) 402-5000

Check the appropriate box below if the Form 8-K filing is intended to simultaneously satisfy the filing obligation of the registrant under any of the following provisions:

 \Box Written communications pursuant to Rule 425 under the Securities Act (17 CFR 230.425) \Box Soliciting material pursuant to Rule 14a-12 under the Exchange Act (17 CFR 240.14a-12) Pre-commencement communications pursuant to Rule 14d-2(b) under the Exchange Act (17 CFR 240.14d-2(b)) □ Pre-commencement communications pursuant to Rule 13e-4(c) under the Exchange Act (17 CFR 240.13e-4(c))

Securities registered pursuant to Section 12(b) of the Act:

Title of each class	Trading Symbols	Name of each exchange on which registered
Common Stock, par value \$0.01 per share	ALL	New York Stock Exchange Chicago Stock Exchange
5.100% Fixed-to-Floating Rate Subordinated Debentures due 2053	ALL.PR.B	New York Stock Exchange
Depositary Shares represent 1/1,000th of a share of 5.625% Noncumulative Preferred Stock, Series G	ALL PR G	New York Stock Exchange
Depositary Shares represent 1/1,000th of a share of 5.100% Noncumulative Preferred Stock, Series H	ALL PR H	New York Stock Exchange
Depositary Shares represent 1/1,000th of a share of 4.750% Noncumulative Preferred Stock, Series I	ALL PR I	New York Stock Exchange

Indicate by check mark whether the registrant is an emerging growth company as defined in Rule 405 of the Securities Act of 1933 (§230.405 of this chapter) or Rule 12b-2 of the Securities Exchange Act of 1934 (§240.12b-2 of this chapter)

Emerging growth company

If an emerging growth company, indicate by check mark if the registrant has elected not to use the extended transition period for complying with any new or revised financial accounting standards provided pursuant to Section 13(a) of the Exchange Act.

Section 7 - Regulation FD

Item 7.01. Regulation FD Disclosure.

The Registrant's implemented auto rate exhibit for January 2022 is posted on allstateinvestors.com and is attached hereto as Exhibit 99 which is incorporated herein by reference. The schedule is furnished and not filed, pursuant to Instruction B.2 of Form 8-K.

The Registrant's estimated catastrophe losses were below the \$150 million reporting threshold for January 2022.

Section 9 - Financial Statements and Exhibits

Item 9.01.	Financial Statements and Exhibits.			
(d)	Exhibits			
Exhibit No.	Description			
99 104	The Registrant's implemented auto rate exhibit for January 2022 Cover Page Interactive Data File (formatted as inline XBRL).			

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SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

THE ALLSTATE CORPORATION (Registrant)

By: Name: Title: /s/ Daniel G. Gordon Daniel G. Gordon Vice President, Assistant General Counsel and Assistant Secretary

Date: February 17, 2022

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The Allstate Corporation Allstate Protection Impact of Net Rate Changes Implemented on Premiums Written Exhibit 99

January Rate Commentary

• "Allstate continued to address higher auto loss cost inflation by taking meaningful rate actions in January, with Allstate brand implemented rate increases of 7.7% across five locations resulting in total Allstate brand implemented and increases averaging approximately 7.2% across 28 locations since the beginning of the fourth quarter 2021. These locations represent approximately 48% of 2021 Allstate brand auto written premiums. The increases to Allstate brand total auto insurance written premiums of approximately 3.5% implemented over this four-month period will be earned throughout the year," said Mario Rizzo, Chief Financial Officer of The Allstate Corporation.

	For the month ended January 31, 2022			Quarter to date ended January 31, 2022		
	Number of locations (1)	Total brand (%) (2)	Location specific (%) (3)	Number of locations	Total brand (%)	Location specific (%)
Allstate brand						
Auto	5	0.6	7.7	5	0.6	7.7
National General						
Auto	12	0.4	1.8	12	0.4	1.8
		Three months ended			Three months ended	
		December 31, 2021			September 30, 2021	
	Number of locations	Total brand (%)	Location specific (%)	Number of locations	Total brand (%)	Location specific (%)
Allstate brand		Total brand (76)	apecine (70)	locations		apecine (76)
Auto	25	2.9	7.1	20	0.3	2.1
National General						
Auto	22	2.4	5.7	13	2.5	5.6

Refers to the number of U.S. states, the District of Columbia or Canadian provinces where rate changes have been implemented. Allstate brand operates in 50 states, the District of Columbia, and S Canadian provinces. National General operates in 50 states and the District of Columbia.
 Represents the impact in the locations where rate changes were implemented during the period as a percentage of total brand prior year-end premiums written.
 Represents the impact in the locations where rate changes were implemented during the period as a percentage of its respective total prior year-end premiums written in those same locations.