Form 144 Filer Information

UNITED STATES
SECURITIES AND EXCHANGE COMMISSION
Washington, D.C. 20549

Form 144

FORM 144

NOTICE OF PROPOSED SALE OF SECURITIES
PURSUANT TO RULE 144 UNDER THE SECURITIES ACT OF 1933

144: Filer Information

Filer CIK	0001190466
Filer CCC	XXXXXXXX
Is this a LIVE or TEST Filing?	(•) LIVE ( ) TEST

Submission Contact Information

Name
Phone
E-Mail Address

144: Issuer Information

Name of Issuer	The Allstate Corporation
SEC File Number	001-11840
Address of Issuer	3100 Sanders Road Northbrook ILLINOIS 60062
Phone	1-847-402-2800
Name of Person for Whose Account the Securities are To Be Sold	Thomas Wilson

See the definition of "person" in paragraph (a) of Rule 144. Information is to be given not only as to the person for whose account the securities are to be sold but also as to all other persons included in that definition. In addition, information shall be given as to sales by all persons whose sales are required by paragraph (e) of Rule 144 to be aggregated with sales for the account of the person filing this notice.

Relationship to Issuer	Officer

144: Securities Information

Title of the Class of Securities To Be Sold	Name and Address of the Broker	Number of Shares or Other Units To Be Sold	Aggregate Market Value	Number of Shares or Other Units Outstanding	Approximate Date of Sale	Name the Securities Exchange
Common Stock	Goldman Sachs & Co. LLC 200 West Street New York NY 10282	33614	7058940	261681708	12/01/2025	NYSE

Furnish the following information with respect to the acquisition of the securities to be sold and with respect to the payment of all or any part of the purchase price or other consideration therefor:

144: Securities To Be Sold

Title of the Class	Date you Acquired	Nature of Acquisition Transaction	Name of Person from	Is this	Date Donor Acquired	Amount of Securities Acquired	Date of Payment	Nature of Payment *

			Whom Acquired	a Gift?			
Common Stock	02/22/2018	Acquired as compensation -- Performance Awards	The Issuer	☐	30113	02/22/2018	Compensation
Common Stock	02/21/2012	Acquired as compensation -- Performance Awards	The Issuer	☐	3501	02/21/2012	Compensation

***** If the securities were purchased and full payment therefor was not made in cash at the time of purchase, explain in the table or in a note thereto the nature of the consideration given. If the consideration consisted of any note or other obligation, or if payment was made in installments describe the arrangement and state when the note or other obligation was discharged in full or the last installment paid.

Furnish the following information as to all securities of the issuer sold during the past 3 months by the person for whose account the securities are to be sold.

144: Securities Sold During The Past 3 Months

Name and Address of Seller	Title of Securities Sold	Date of Sale	Amount of Securities Sold	Gross Proceeds
Thomas J. Wilson Revocable Trust dtd 03/13/15 3100 Sanders Road Northbrook IL 60062	Common Stock	10/20/2025	16807	3260884.06
Thomas J. Wilson Revocable Trust dtd 03/13/15 3100 Sanders Road Northbrook IL 60062	Common Stock	10/06/2025	16807	3532582.66
Thomas J. Wilson Revocable Trust dtd 03/13/15 3100 Sanders Road Northbrook IL 60062	Common Stock	11/03/2025	16807	3183318.07
Thomas J. Wilson Revocable Trust dtd 03/13/15 3100 Sanders Road Northbrook IL 60062	Common Stock	11/17/2025	16807	3583277.61

144: Remarks and Signature

Remarks	The sales of shares set forth herein are made in connection with a selling plan dated 6/27/2025, that is intended to comply with Rule 10b5-1(c). All shares to be sold by Thomas J. Wilson Rev Trust.
Date of Notice	12/01/2025
Date of Plan Adoption or Giving of Instruction, If Relying on Rule 10b5-1	06/27/2025

ATTENTION:

The person for whose account the securities to which this notice relates are to be sold hereby represents by signing this notice that he does not know any material adverse information in regard to the current and prospective operations of the Issuer of the securities to be sold which has not been publicly disclosed. If such person has adopted a written trading plan or given trading instructions to satisfy Rule 10b5-1 under the Exchange Act, by signing the form and indicating the date that the plan was adopted or the instruction given, that person makes such representation as of the plan adoption or instruction date.

Signature Goldman Sachs & Co. LLC on behalf of Thomas Wilson

ATTENTION: Intentional misstatements or omission of facts constitute Federal Criminal Violations (See 18 U.S.C. 1001)