UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

FORM 8-K

CURRENT REPORT

PURSUANT TO SECTION 13 OR 15 (d) OF THE SECURITIES EXCHANGE ACT OF 1934

Date of report (Date of earliest event reported) July 25, 2005

Allstate Life Insurance Company

(Exact Name of Registrant as Specified in Charter)

Illinois0-3124836-2554642(State or Other(Commission(IRS EmployerJurisdiction of
Incorporation)File Number)Identification
Number)

3100 Sanders Road, Northbrook, Illinois

(Address of Principal Executive Offices)

60062

(Zip Code)

Registrant's telephone number, including area code (847) 402-5000

Check the appropriate box below if the Form 8-K filing is intended to simultaneously satisfy the filing obligation of the registrant under any of the following provisions:

- o Written communications pursuant to Rule 425 under the Securities Act (17 CFR 230.425)
- Soliciting material pursuant to Rule 14a-12 under the Exchange Act (17 CFR 240.14a-12)
- o Pre-commencement communications pursuant to Rule 14d-2(b) under the Exchange Act (17 CFR 240.14d-2(b))
- o Pre-commencement communications pursuant to Rule 13e-4(c) under the Exchange Act (17 CFR 240.13e-4(c))

Section 2 - Financial Information

Item 2.02. Results of Operations and Financial Condition.

The registrant furnishes below its Condensed Consolidated Statements of Operations for the three-month and six- month periods ended June 30, 2005 and 2004 and Condensed Consolidated Statements of Financial Position as of June 30, 2005 and December 31, 2004, prepared in conformity with accounting principles generally accepted in the United States of America, and certain non-GAAP and operating measures:

ALLSTATE LIFE INSURANCE COMPANY AND SUBSIDIARIES CONDENSED CONSOLIDATED STATEMENTS OF OPERATIONS

		Three Moi Jun	nths E e 30,	Six Months Ended June 30,			
(in millions)		Est. 2005		2004	Est. 2005		2004
Revenues							
Premiums	\$	113	\$	151	\$ 255	\$	302
Contract charges		263		236	522		470
Net investment income		915		795	1,803		1,578
Realized capital gains and losses		24		(68)	25	i	(95)
		1,315		1,114	2,605		2,255
Costs and expenses							
Contract benefits		337		313	684		649
Interest credited to contractholder funds		571		463	1,147	'	912
Amortization of deferred policy acquisition costs		164		109	333	ŀ	224
Operating costs and expenses		110		123	226		225

	1,182	1,008	2,390	2,010
Loss on disposition of operations	(3)	(14)	(8)	(17)
Income from operations before income tax expense and cumulative effect of				
change in accounting principle, after-tax	130	92	207	228
Income tax expense	43	37	52	82
Income before cumulative effect of change in accounting principle, after-tax	87	55	155	146
Cumulative effect of change in accounting principle, after-tax				(175)
Net income (loss)	<u>\$ 87</u> <u>\$</u>	55 \$	155 \$	(29)

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ALLSTATE LIFE INSURANCE COMPANY AND SUBSIDIARIES CONDENSED CONSOLIDATED STATEMENTS OF FINANCIAL POSITION

in millions, except par value data)		June 30, 2005 (Est.)		December 31, 2004	
Assets					
Investments					
Fixed income securities, at fair value (amortized cost \$60,678 and \$55,964)	\$	64,453	\$	59,29	
Mortgage loans		7,598		7,31	
Equity securities		272		21	
Short-term		1,194		1,44	
Policy loans		716		72	
Other		529		70	
Total investments		74,762		69,68	
Cash		194		24	
Deferred policy acquisition costs		3,297		3,17	
Reinsurance recoverables, net		1,591		1,50	
Accrued investment income		631		59	
Other assets		404		81	
Separate Accounts		14,341		14,37	
Total assets	\$	95,220	\$	90,40	
Liabilities				=0.00	
Contractholder funds	\$	57,328	\$	53,93	
Reserve for life-contingent contract benefits		12,058		11,20	
Unearned premiums		33		3	
Payable to affiliates, net		120		7	
Other liabilities and accrued expenses		4,407		3,72	
Deferred income taxes		521		63	
Long-term debt		92		10	
Separate Accounts		14,341	_	14,37	
Total liabilities		88,900		84,09	
Shareholder's Equity					
Redeemable preferred stock – series A, \$100 par value, 1,500,000 shares authorized, 49,230 and outstanding		5			
Redeemable preferred stock – series B, \$100 par value, 1,500,000 shares authorized, none issued		_		_	
Common stock, \$227 par value, 23,800 shares authorized and outstanding		5			
Additional capital paid-in		1,108		1,10	
Retained income		4,250		4,17	
Accumulated other comprehensive income:					
Unrealized net capital gains and losses		952		1,01	
Total accumulated other comprehensive income		952		1,01	
Total shareholder's equity		6,320		6,30	
Total liabilities and shareholder's equity	\$	95,220	\$	90,40	

We believe that investors' understanding of our performance is enhanced by our disclosure of the following non-GAAP financial measure. Our methods of calculating this measure may differ from those used by other companies and therefore comparability may be limited.

Operating income is income before cumulative effect of change in accounting principle, after-tax, excluding:

- realized capital gains and losses, after-tax, except for periodic settlements and accruals on non-hedge derivative instruments which are reported with realized capital gains and losses but included in operating income,
- amortization of deferred policy acquisition costs ("DAC") and deferred sales inducements ("DSI"), to the extent that they resulted from the recognition of certain realized capital gains and losses,
- (loss) gain on disposition of operations, after-tax, and
- adjustments for other significant non-recurring, infrequent or unusual items, when (a) the nature of the charge or gain is such that it is reasonably unlikely to recur within two years, or (b) there has been no similar charge or gain within the prior two years.

Net income is the GAAP measure that is most directly comparable to operating income.

We use operating income to evaluate our results of operations. It reveals trends in our insurance and financial services business that may be obscured by the net effect of realized capital gains and losses, (loss) gain on disposition of operations and adjustments for other significant non-recurring, infrequent or unusual items. Realized capital gains and losses and (loss) gain on disposition of operations may vary significantly between periods and are generally driven by business decisions and economic developments such as market conditions, the timing of which is unrelated to the insurance underwriting process. Moreover, we reclassify periodic settlements on non-hedge derivative instruments into operating income to report them in a manner consistent with the economically hedged investments, replicated assets or product attributes (e.g. net investment income and interest credited to contractholder funds) and by doing so, appropriately reflect trends in product performance. Non-recurring items are excluded because, by their nature, they are not indicative of our business or economic trends. Therefore, we believe it is useful for investors to evaluate these components separately and in the aggregate when reviewing our performance. We use adjusted measures of operating income in incentive compensation. Operating income should not be considered as a substitute for net income and does not reflect the overall profitability of our business.

The following table reconciles operating income and net income.

	Three Months Ended June 30,				Six Months Ended June 30,			
(\$ in millions)	E: 20			2004		Est. 2005		2004
Operating income	\$	126	\$	118	\$	269	\$	242
Realized capital gains and losses		24		(68)		25		(95)
Income tax (expense) benefit		(9)		24		(9)		34
Realized capital gains and losses, after-tax		15		(44)		16		(61)
DAC and DSI amortization relating to realized capital gains and losses,								
after-tax		(43)		(3)		(104)		(13)
Reclassification of periodic settlements and accruals on non-hedge								
derivative instruments, after-tax		(10)		(7)		(22)		(11)
Loss on disposition of operations, after-tax		(1)		(9)		(4)		(11)
Income before cumulative effect of change in accounting principle, after-								
tax		87		55		155		146
Cumulative effect of change in accounting principle, after-tax		_		_		_		(175)
Net income (loss)	\$	87	\$	55	\$	155	\$	(29)
						<u> </u>		
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Operating Measures

We believe that investors' understanding of our performance is enhanced by our disclosure of the following operating financial measures. Our method of calculating these measures may differ from that used by other companies and therefore comparability may be limited.

Premiums and deposits is an operating measure that we use to analyze production trends for sales. It includes premiums on insurance policies and annuities and all deposits and other funds received from customers on deposit-type products, which we account for under GAAP as increases to liabilities rather than as revenue.

The following table illustrates where premiums and deposits are reflected in the condensed consolidated financial statements.

	Three Months Ended June 30,				Six Months Ended June 30,				
(\$ in millions)	 Est. 2005		2004		Est. 2005		2004		
Total Premiums and deposits	\$ 3,784	\$	4,221	\$	7,513	\$	7,476		
Deposits to contractholder funds	(3,291)		(3,588)		(6,540)		(6,331)		
Deposits to separate accounts	(379)		(323)		(722)		(690)		
Change in unearned premiums and other adjustments	(1)		(159)		4		(153)		
Premiums	\$ 113	\$	151	\$	255	\$	302		

New sales of financial products by Allstate exclusive agencies is an operating measure that we use to quantify the current year sales of financial products by the Allstate Agency proprietary distribution channel. New sales of financial products by Allstate exclusive agencies includes annual premiums on new insurance policies, initial premiums and deposits on annuities, net new deposits in the Allstate Bank, sales of other companies' mutual funds, and excludes

renewal premiums. New sales of financial products by Allstate exclusive agencies for the second quarter of 2005 and second quarter of 2004 totaled est. \$588 million and \$518 million, respectively. New sales of financial products by Allstate exclusive agencies for the six months ended June 30, 2005 and 2004 totaled est. \$1.10 billion and \$1.01 billion, respectively.

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SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned, thereunto duly authorized.

ALLSTATE LIFE INSURANCE COMPANY

By /s/ Samuel H. Pilch

Name: Samuel H. Pilch

Title: Group Vice President and Controller

July 25, 2005