FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPRO	DVAL							
OMB Number:	3235-0287							
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* SYLLA CASEY					2. Issuer Name and Ticker or Trading Symbol ALLSTATE CORP [ALL]							5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner Officer (give title Vother (specify						
	THE ALLSTATE CORPORATION						3. Date of Earliest Transaction (Month/Day/Year) 02/22/2005						Officer (give title below) President Allstate Financial					
2775 SANDERS ROAD						4. If Amendment, Date of Original Filed (Month/Day/Year)						6. Individual or Joint/Group Filing (Check Applicable						
(Street) NORTHBROOK IL 60062-			60062-6127									X Form filed by One Reporting Person Form filed by More than One Reporting Person						
(City)	(State) (Zip)									F 613011								
		Tal	ble I - Non-	Derivat	ive Se	ecuritie	s Ac	quired, Di	sposed o	f, or Ber	eficially	y Owned						
Date				2. Transact Date Month/Day	Execution Date,		Code (Inst	Transaction Disposed Of (D) (Instr. 3, 4			5. Amour Securitie Beneficia Owned F	s ally ollowing	Form:	Direct I Indirect E str. 4)	7. Nature of Indirect Beneficial Ownership			
							Code V	Amount	(A) or (D)	Price	Reported Transact (Instr. 3 a	ion(s)			(Instr. 4)			
			Table II - D (e					uired, Disp s, options,				Owned			·			
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Yea	Cod	saction e (Instr.	n of		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number derivative Securities Beneficial Owned Following Reported Transactio (Instr. 4)	Owners Form: Direct (or Indir	Ownership	Beneficial Ownership ect (Instr. 4)		
				Cod	e V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares							
Employee Stock Option (right to buy)	\$52.57	02/22/2005		A		72,304		02/22/2006 ⁽¹⁾	02/22/2015	Common Stock	72,304	\$0	72,304	4	D			
Restricted Stock Units	\$0 ⁽²⁾	02/22/2005		A		11,037		02/22/2009	(2)	Common Stock	11,037	\$0	11,037	7	D			

Explanation of Responses:

- 1. Grant to reporting person of option to purchase 72,304 shares of common stock exercisable in four increments, each for one-fourth of the total number of said shares, such installments to vest on February 22, 2006, February 22, 2007, February 22, 2008 and February 22, 2009.
- 2. Award of Restricted Stock Units (RSUs) with tax withholding rights granted under The Allstate Corporation 2001 Equity Incentive Plan. Each RSU represents the right to receive, without the payment of any consideration, one share of Allstate common stock at the end of the restricted period (the conversion date), which is February 22, 2009.

CASEY J SYLLA

02/24/2005

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.