Supplement dated June 22, 2020 to the Prospectus for your Variable Annuity Issued by:

ALLSTATE LIFE INSURANCE COMPANY ALLSTATE LIFE INSURANCE COMPANY OF NEW YORK

The following information supplements the prospectus for your variable annuity contract issued by Allstate Life Insurance Company or Allstate Life Insurance Company of New York. This Supplement contains information about a service address change. Effective on or after June 30, 2020, the following service addresses appearing in your Prospectus are revised as follows:

Old P.O. Box	New P.O. Box
P.O. Box 758560	P.O. Box 758537
Topeka, KS 66675	Topeka, KS 66675
P.O. Box 758565	P.O. Box 758598
Topeka, KS 66675	Topeka, Kansas 66675
P.O. Box 758566	P.O. Box 758543
Topeka, Kansas 66675	Topeka, Kansas 66675

If you have any questions, please contact your financial professional or our Variable Annuities Service Center at (800) 457-7617. Our representatives are available to assist you Monday through Friday between 7:30 a.m. and 5:00 p.m. Central time.

Please keep this supplement together with your prospectus for future reference. No other action is required of you.

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