Instruction 1(b)

FORM 4

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

- 1										
	OMB APPROVAL									
	OMB Number:	3235-0287								
	Estimated average burden									
	hours per response:	0.5								

						11011 00(11) 01 1110				.,								
1. Name and Address of Reporting Person*				2. Issuer Name and Ticker or Trading Symbol ALLSTATE CORP [ALL]							5. Relationship of Reporting Person(s) to Issuer (Check all applicable)							
TAYLOR MARY ALICE								L	,				2	Directo	or		10% Ov	vner
(Last) 6021 PIN	`	First) E STREET	(Middle)		3. Date of Earliest Transaction (Month/Day/Year) 06/01/2005						Officer (give title below)			Other (specify below)				
				4. If Amendment, Date of Original Filed (Month/Day/Year)						6. Individual or Joint/Group Filing (Check Applicable Line)								
(Street)											1	X Form filed by One Reporting Person				n		
POINT C	CLEAR A	AL 	36564									Form filed by More than One Reporting Person						
(City)	(8	State)	(Zip)															
		Tat	ole I - Nor	n-Deriv	ative Se	ecurities A	cquir	ed,	Disp	osed o	f, o	r Ben	eficiall	y Owned	ı			
Date				action 2A. Deemed Execution Date, if any (Month/Day/Year)			Transaction Disposed Code (Instr. 5)		rities Acquired (A) ed Of (D) (Instr. 3,		(A) or 3, 4 and	Securiti Benefic Owned	5. Amount of Securities Beneficially Owned Following Reported		: Direct Indirect str. 4)	7. Nature of Indirect Beneficial Ownership		
								ode	v	Amount	Amount (A) or (D)		Price	Transaction(s) (Instr. 3 and 4)				(Instr. 4)
Common Stock 06/01				/2005		A	A ⁽¹⁾ 684 A		\$58.47	7 9,	9,445		D					
						curities Acc	•		•				-	Owned				
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative			ount of curities derlying	Security	8. Price of Derivative Security (Instr. 5)	derivative C Securities F Beneficially D		10. Ownership Form: Direct (D) or Indirect	Beneficial Ownership								

Explanation of Responses:

\$58.47

Non-Employee Director

Stock Option

(right to buy)

Security

1. Stock acquired pursuant to election to receive stock in lieu of cash compensation under The Allstate Corporation Equity Incentive Plan for Non-Employee Directors.

(A) or Disposed

of (D) (Instr. 3, 4

and 5)

(A)

4,000

2. Grant to reporting person of option to purchase 4,000 shares of common stock exercisable in three increments, each for one-third of the total number of said shares, such installments to vest on June 1, 2006, June 1, 2007 and June 1, 2008, respectively.

Date

Exercisable

06/01/2006⁽²⁾

(D)

Expiration

06/01/2015

Date

Janet M. Zukowski for Mary Alice Taylor

(Instr. 3 and 4)

Title

Common

Stock

Amount Number

Shares

4,000

\$0

of

06/03/2005

4,000

D

Following Reported Transaction(s)

(Instr. 4)

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

06/01/2005

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Code

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.