

**STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP**

OMB APPROVAL	
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Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* <u>WILSON THOMAS J</u>  (Last) (First) (Middle) <u>C/O THE ALLSTATE CORPORATION</u> <u>2775 SANDERS ROAD</u>  (Street) <u>NORTHBROOK IL</u> <u>60062-6127</u>  (City) (State) (Zip)	2. Issuer Name and Ticker or Trading Symbol <u>ALLSTATE CORP [ ALL ]</u>	5. Relationship of Reporting Person(s) to Issuer (Check all applicable) <input checked="" type="checkbox"/> Director 10% Owner <input checked="" type="checkbox"/> Officer (give title below) Other (specify below) <u>Chairman, President &amp; CEO</u>
	3. Date of Earliest Transaction (Month/Day/Year) <u>05/08/2020</u>	
4. If Amendment, Date of Original Filed (Month/Day/Year)		

**Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned**

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)		4. Securities Acquired (A) or Disposed Of (D) (Instr. 3, 4 and 5)			5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
			Code	V	Amount	(A) or (D)	Price			
Common Stock	05/08/2020		M		447,808	A	\$31.74	780,060.3 <sup>(1)</sup>	D	
Common Stock	05/08/2020		M		205,060	A	\$31.56	985,120.3	D	
Common Stock	05/08/2020		S		517,001	D	\$101.21 <sup>(2)</sup>	468,119.3	D	
Common Stock	05/08/2020		S		135,867	D	\$101.73 <sup>(3)</sup>	332,252.3	D	
Common Stock	05/08/2020		M		239,000	A	\$31.56	239,000	I	By TJW Options LLC 2012 Series
Common Stock	05/08/2020		F		74,592 <sup>(4)</sup>	D	\$101.32	164,408	I	By TJW Options LLC 2012 Series
Common Stock								174,400	I	By 2018 GRAT
Common Stock								257,535	I	Remainder GRAT
Common Stock								6,727 <sup>(5)</sup>	I	By 401(k) Plan

**Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)**

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
				Code	V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares				
Employee Stock Option (Right to Buy)	\$31.74	05/08/2020		M		447,808		02/22/2015	02/22/2021	Common Stock	447,808	\$0	0	D	
Employee Stock Option (Right to Buy)	\$31.56	05/08/2020		M		205,060		02/21/2015	02/21/2022	Common Stock	205,060	\$0	0	D	
Employee Stock Option (Right to Buy)	\$31.56	05/08/2020		M		239,000		02/21/2015	02/21/2022	Common Stock	239,000	\$0	0	I	by TJW Options LLC 2012 Series

**Explanation of Responses:**

- Balance also reflects 18,251 shares acquired during the period of January 7, 2020, to April 3, 2020, through the Shareowner Service Plus Plan, which reinvests dividends paid on The Allstate Corporation common shares.
- Reflects weighted average sale price for open-market sales transaction reported herein. Actual sale prices ranged from \$100.64 to \$101.64. The reporting person provided the issuer, and will provide any security holder of The Allstate Corporation or member of the SEC staff, full information regarding the number of shares sold at each separate price upon request.
- Reflects weighted average sale price for open-market sales transaction reported herein. Actual sale prices ranged from \$101.65 to \$101.91. The reporting person provided the issuer, and will provide any security holder of The Allstate Corporation or member of the SEC staff, full information regarding the number of shares sold at each separate price upon request.

4. Shares withheld by issuer to pay the option exercise price in connection with the exercise.

5. Reflects acquisition of 50 shares of The Allstate Corporation common stock since February 7, 2020, under the Allstate 401(k) Savings Plan, pursuant to the most recent plan statement, dated May 8, 2020.

/s/ Thomas J. Wilson

05/12/2020

\*\* Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

\* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

\*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

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