UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

FORM 8-K

CURRENT REPORT PURSUANT TO SECTION 13 OR 15 (d) OF THE SECURITIES EXCHANGE ACT OF 1934

Date of report (Date of earliest event reported): February 16, 2023 THE ALLSTATE CORPORATION

(Exact name of registrant as specified in its charter)

Delaware(State or other jurisdiction of incorporation)

1-11840 (Commission File Number)

36-3871531 (IRS Employer Identification No.)

3100 Sanders Road, Northbrook, Illinois 60062

| (Address of principal executive offi | , , , | |
|--|---|---|
| Registrant's telephone number, including are | ea code (847) 402-5000 | |
| Check the appropriate box below if the Form 8-K filing is intended to simultaneously satisfy the filing obligation of the | registrant under any of the following provisions: | |
| Written communications pursuant to Rule 425 under the Securities Act (17 CFR 230.425) Soliciting material pursuant to Rule 14a-12 under the Exchange Act (17 CFR 240.14a-12) Pre-commencement communications pursuant to Rule 14d-2(b) under the Exchange Act (17 CFR 240.14d-2(b)) Pre-commencement communications pursuant to Rule 13e-4(c) under the Exchange Act (17 CFR 240.13e-4(c)) | | |
| Securities registered pursuant to Section 12(b) of the Act: | | |
| Title of each class | Trading Symbols | Name of each exchange on which registered |
| Common Stock, par value \$0.01 per share | ALL | New York Stock Exchange Chicago Stock Exchange |
| 5.100% Fixed-to-Floating Rate Subordinated Debentures due 2053 | ALL.PR.B | New York Stock Exchange |
| Depositary Shares represent 1/1,000th of a share of 5.625% Noncumulative Preferred Stock, Series G | ALL PR G | New York Stock Exchange |
| Depositary Shares represent 1/1,000th of a share of 5.100% Noncumulative Preferred Stock, Series H | ALL PR H | New York Stock Exchange |
| Depositary Shares represent 1/1,000th of a share of 4.750% Noncumulative Preferred Stock, Series I | ALL PR I | New York Stock Exchange |
| indicate by check mark whether the registrant is an emerging growth company as defined in Rule 405 of the Securitie §240.12b-2 of this chapter). | es Act of 1933 (§230.405 of this chapter) or Rule | 2 12b-2 of the Securities Exchange Act of 1934 |
| | Emerging growth company | |
| if an emerging growth company, indicate by check mark if the registrant has elected not to use the extended transition perio 13(a) of the Exchange Act | d for complying with any new or revised financial a | accounting standards provided pursuant to Section |
| | | |

Section 7 - Regulation FD

Item 7.01. Regulation FD Disclosure

The Registrant's press release dated February 16, 2023, announcing its estimated catastrophe losses and implemented auto rates for January 2023 and the Registrant's implemented auto rate exhibit for January 2023 are posted on all state investors.com and are attached hereto as Exhibit 99.1 and 99.2 which are incorporated herein by reference. These exhibits are furnished and not filed, pursuant to Instruction B.2 of Form 8-K.

Section 9 - Financial Statements and Exhibits

| Item 9.01. | Financial Statements and Exhibits |
|------------|-----------------------------------|
| item 9.01. | Financial Statements and Exhibits |

(d) Exhibits

Exhibit No. Description

99.1 The Registrant's press release dated February, 16, 2023
99.2 The Registrant's implemented auto rate exhibit for January 2023
104 Cover Page Interactive Data File (formatted as inline XBRL).

SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

THE ALLSTATE CORPORATION

(Registrant)

By: Name:

/s/ Daniel G. Gordon
Daniel G. Gordon
Vice President, Assistant General
Counsel and Assistant Secretary Title:

February 16, 2023 Date:



NFWS

FOR IMMEDIATE RELEASE

Al Scott Mark Nogal Investor Relations Media Relations (847) 402-5600 (847) 402-2800

Allstate Announces January 2023 Catastrophe Losses and Implemented Auto Rates

NORTHBROOK, III., February 16, 2023 – The Allstate Corporation (NYSE: ALL) today announced estimated catastrophe losses for the month of January of \$307 million or \$243 million, after-tax.

Catastrophe losses for January events were estimated at \$309 million, related to nine events primarily in Texas and California, partially offset by favorable reserve reestimates for prior events

"Allstate continued to implement significant auto insurance rate actions in response to inflationary increases to loss costs. During the month of January, the Allstate brand implemented auto rate increases of 9.9% across 13 locations, resulting in total brand premium impact of 0.7% which are expected to raise annualized written premiums by approximately \$182 million," said Jess Merten, Chief Financial Officer of The Allstate Corporation. Our implemented auto rate exhibit has been posted on allstateinvestors.com.

Financial information, including material announcements about The Allstate Corporation, is routinely posted on www.allstateinvestors.com.

Forward-Looking Statements

This news release contains "forward-looking statements" that anticipate results based on our estimates, assumptions and plans that are subject to uncertainty. These statements are made subject to the safe-harbor provisions of the Private Securities Litigation Reform Act of 1995. These forward-looking statements do not relate strictly to historical or current facts and may be identified by their use of words like "plans," "seeks," "expects," "will," "should," "anticipates," "estimates," "litelays," "largets" and other words with similar meanings. We believe these statements are based on reasonable estimates, assumptions and plans. However, if the estimates, assumptions or plans underlying the forward-looking statements prove inaccurate or if other risks or uncertainties arise, actual results could differ materially from those expressed in, or implied by, the forward-looking statements may be found in our filings with the U.S. Securities and Exchange Commission, including the "Risk Factors" section in our most recent annual report on Form 10-K. Forward-looking statements are as of the date on which they are made, and we assume no obligation to update or revise any forward-looking statements.

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The Allstate Corporation Allstate Protection Impact of Net Rate Changes Implemented on Premiums Written

| | For the month ended January 31, 2023 | | | Quarter-to-date ended January 31, 2023 | | |
|------------------|---|---|------------------------------|---|--|------------------------------|
| | Number of locations (1) | Total brand (%) (2) (3) | Location specific (%) (4) | Number of locations (1) | Total brand (%) (2) (3) | Location specific (%) (4) |
| Allstate brand | | | | | | |
| Auto | 13 | 0.7 | 9.9 | 13 | 0.7 | 9.9 |
| National General | | | | | | |
| Auto | 15 | 0.9 | 11.0 | 15 | 0.9 | 11.0 |
| | | Three months ended December 31, 2022 | | | Three months ended September 30, 2022 | |
| | Number of locations (1) | Total brand (%) (2) (3) | Location specific (%) (4) | Number of locations (1) | Total brand (%) (2) (3) | Location specific (%) (4) |
| Allstate brand | | | | - | | |
| Auto | 38 | 6.1 | 11.2 | 19 | 4.7 | 14 |
| National General | | | | | | |
| Auto | 26 | 4.3 | 8.5 | 19 | 1.1 | 3.2 |

Refers to the number of U.S. states, the District of Columbia or Canadian provinces where rate changes have been implemented. Allstate brand operates in 50 states, the District of Columbia, and S Canadian provinces. National General operates in 50 states and the District of Columbia, and S Canadian provinces. National General operates in 50 states and the District of Columbia.
 Represents the impact in the locations where rate changes were implemented during the period as a percentage of total brand prior year-end premiums written.
 Alstate brand implemented auto insurance rate increases totaled \$182 million for the month ended January 31, 2023 after implementing \$1.48 billion and \$1.14 billion of rate increases in the fourth and thrit quarters of 2022 respectively.
 Represents the impact in the locations where rate changes were implemented during the period as a percentage of its respective total prior year-end premiums written in those same locations.