SEC Form 4	
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FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b)
Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

	ROVAL
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1. Name and Address of Reporting Person [*] Harty Harriet K	2. Issuer Name and Ticker or Trading Symbol ALLSTATE CORP [ALL]	5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner Officer (give title X Other (specify
(Last) (First) (Middle) C/O THE ALLSTATE CORPORATION 2775 SANDERS ROAD	3. Date of Earliest Transaction (Month/Day/Year) 08/05/2016	below) Executive Vice President - AIC
(Street) NORTHBROOK IL 60062 (City) (State) (Zip)	4. If Amendment, Date of Original Filed (Month/Day/Year)	 6. Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person Form filed by More than One Reporting Person

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transa Code (8)				5. Amount of Securities Beneficially Owned Following Reported	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)		
			Code	v	Amount	(A) or (D)	Price	Transaction(s) (Instr. 3 and 4)		(instr. 4)	
Common Stock	08/05/2016		М		7,098	A	\$16.83	12,316	D		
Common Stock	08/05/2016		М		957	A	\$62.24	13,273	D		
Common Stock	08/05/2016		М		1,813	A	\$48.82	15,086	D		
Common Stock	08/05/2016		S		6,779	D	\$68.64(1)	8,307	D		
Common Stock								8,407 ⁽²⁾	Ι	By 401(k) Plan	

	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)														
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transa Code (8)		of Deri Sec Acq (A) (Disp of (I	oosed 0) tr. 3, 4	Expiration Date (Month/Day/Year) ed		te Amount of		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
				Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares				
Employee Stock Option (Right to Buy)	\$16.83	08/05/2016		М			7,098	02/27/2013	02/27/2019	Common Stock	7,098	\$0	0	D	
Employee Stock Option (Right to Buy)	\$62.24	08/05/2016		М			957	02/20/2011	02/20/2017	Common Stock	957	\$0	0	D	
Employee Stock Option (Right to Buy)	\$48.82	08/05/2016		М			1,813	02/26/2012	02/26/2018	Common Stock	1,813	\$0	0	D	

Explanation of Responses:

1. Reflects weighted average sale price for open-market sales transaction reported herein. Actual sales prices ranged from \$68.60-\$68.70. The reporting person provided the issuer, and will provide any security holder of The Allstate Corporation or member of the SEC staff, full information regarding the number of shares sold at each separate price upon request.

2. Reflects acquisition of 225 shares of The Allstate Corporation common stock since February 18, 2016, under the Allstate 401(k) Savings Plan, pursuant to the most recent plan statement, dated August 5, 2016.

<u>/s/ Harriet K. Harty</u> 08/09/2016

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

 * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.