FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

C. 20549	OMB APPROVAL

- 1		
	OMB Number:	3235-0287
	Estimated average hurd	lon

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934

0.5 hours per response:

					or Sec	tion 30(h) of the Ir	ivestmer	nt Con	ipany Act o	of 1940						
1. Name and Address of Reporting Person* <u>HENKEL HERBERT L</u>				2. Issuer Name and Ticker or Trading Symbol ALLSTATE CORP [ALL]						ationship of k all applica Director		g Perso	n(s) to Issu			
	ALLSTA	First) TE CORPORAT		3. Date of Earliest Transaction (Month/Day/Year) 04/01/2017						Officer (give title below)		Other (sp below)		pecify		
(Street) NORTHE	BROOK II	L	60062		4. If Amendment, Date of Original Filed (Month/Day/Year)					Line)	ndividual or Joint/Group Filing (Check Applicable e) X Form filed by One Reporting Person Form filed by More than One Reporting Person					
(City)	(3	State)	(Zip)	-Deriva	ative S	ecurities Aca	uired.	Dist	nosed of	f. or Bene	ficially	Owned				
1. Title of Security (Instr. 3) 2. Transa Date (Month/L		Execution Date, if any (Month/Day/Year) Execution Date, if any (Month/Day/Year) Transaction Code (Instr. 8) Disposed Of (D) (Instr. 3, 2)			(A) or	5. Amount of Securities Beneficially Owned Following Reported		Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of ndirect Beneficial Ownership (Instr. 4)						
						 curities Acqu ls, warrants,				or Benef		<u> </u>	ia 4)			
		nsaction le (Instr.	Expiration Date of (Month/Day/Year) U			7. Title and of Securitie Underlying Derivative S (Instr. 3 and	s Security	8. Price of Derivative Security (Instr. 5)			10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)				

Explanation of Responses:

Share Unit

1. These common share units were acquired pursuant to The Allstate Corporation Amended and Restated Deferred Compensation Plan for Non-Employee Directors and represent director's fees deferred under the Plan and converted into units based on the market value of The Allstate Corporation's common shares. The units are credited with amounts representing dividends on common shares, as declared, which are also converted into units. Since January 2, 2017, the reporting person acquired 30.865 of common share units representing dividends paid through April 1, 2017.

(D)

(A)

383.483⁽¹⁾

Date Exercisable

(1)

Expiration Date

(1)

Title

Stock

/s/ Efie Vainikos, attorney-infact for Mr. Henkel

Amount

Number

of Shares

383.483

\$81.49

04/04/2017

7,351.453

D

(Instr. 4)

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

04/01/2017

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Code

Α

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.