Initial Interest Reset Date:

PRICING SUPPLEMENT

Filed pursuant to Rule 424(b)(2) Registration Statement No. 333-112249 and 333-112249-01 Pricing Supplement No. 1 Dated May 20, 2004 (To Prospectus dated April 27, 2004, and Prospectus Supplement dated April 27, 2004) CUSIP: 02003MAA2

ISIN: US02003MAA27 Common Code: 019355845

Allstate Life Global Funding Secured Medium Term Notes Issued Through Allstate Life Global Funding Trust 2004-1 (the "Trust")

general terms and provisions of the notes set forth in the accompanying prospectus and prospectus supplement, to which reference is hereby made.

The description in this pricing supplement of the particular terms of the Secured Medium Term Notes offered hereby supplements the description of the Principal Amount: \$500,000,000 Agent(s) Discount: 0.350% Issue Price: 99.796% Original Issue Date: May 27, 2004 Net Proceeds to the Trust: \$497,230,000 Stated Maturity Date: May 29, 2009 Funding Agreement Number(s): FA-41069 U.S. Dollars Specified Currency: Interest Payment Dates: May 29 and November 29 in each year Initial Interest Payment Date: November 29, 2004 Regular Record Dates: 15 calendar days prior to each Interest Payment Date Type of Interest Rate: Fixed Rate Notes: ĭ Yes o No. If, Yes, Interest Rate: 4.50% Floating Rate Notes: o Yes ⊠ No. If, Yes, Regular Floating Rate Notes: o Yes o No. If, Yes, Interest Rate: Interest Rate Basis(es): Floating Rate/Fixed Rate Note: o Yes o No. If, Yes, Floating Interest Rate: Interest Rate Basis(es): Fixed Interest Rate: Fixed Rate Commencement Date: Inverse Floating Rate Note: o Yes o No. If, Yes, Fixed Interest Rate: Floating Interest Rate: Interest Rate Basis(es): Initial Interest Rate, if any:

Interest Rate Basis(es). Check all that apply:		
o CD Rate	o Commercial Paper Rate	
o CMT Rate	o Eleventh District Cost of Funds Rate	
o LIBOR	o Federal Funds Rate	
o EURIBOR	o Treasury Rate	
o Prime Rate	o Other (See Attached)	
If LIBOR:		
o LIBOR Reuters Page	o LIBOR Moneyline Telerate Page	
LIBOR Currency:		
If CMT Rate:		
Designated CMT Telerate Page:		
If 7052:	o Weekly Average	
	o Monthly Average	
Designated CMT Maturity Index:		
Index Maturity:		
Spread (+/-):		
Spread Multiplier:		
Interest Reset Date(s):		
Interest Rate Determination Date(s):		
Maximum Interest Rate, if any:		
Minimum Interest Rate, if any;		
Calculation Agent:	Not applicable	
Exchange Rate Agent:	Not applicable	
Computation of Interest (not applicable unless different than as specified in the prospectus and prospectus supplement):		
Day Count Convention (not applicable unless different than as specified in the prospectus and prospectus supplement):		
Amortizing Note: Amortizing Schedule: Additional/Other Terms:	o Yes ⊠ No. If, Yes,	
Discount Note: Total Amount of Discount: Initial Accrual Period of Discount:	o Yes ⊠ No. If, Yes,	
Additional/Other Terms:		
Redemption Provisions: Initial Redemption Date:	o Yes ⊠ No. If, Yes,	
Initial Redemption Percentage:		
Annual Redemption Percentage Reduction (if any):		
Redemption:	o In whole only and not in part	
Additional/Other Terms:	o May be in whole or in part	

Repayment:	o Yes ⊠ No. If, Yes,			
Repayment Date(s):				
Repayment Price:				
Repayment:	o In whole only and not in part			
Additional/Other Terms:	o May be in whole or in part			
Sinking Fund (not applicable unless specified):				
Additional Amounts to be Paid for Withholding Tax (no	ot applicable unless specified):			
Securities Exchange Listing:	☑ Yes o No. If Yes, Name of Exchange: America	☑ Yes o No. If Yes, Name of Exchange: American Stock Exchange		
Authorized Denominations:	\$1,000	\$1,000		
Ratings:				
The Notes issued under the Program are rated "AA" anticipates Moody's Investors Service, Inc. to rate the	by Standard & Poor's Ratings Services, a division of The McGraw Hill Core Notes "Aa2" at the Original Issue Date.	npanies, In	c. Allstate Life	
Agent(s) Purchasing Notes as Principal: Agent(s)	⊠ Yes o No. If Yes,		Principal Amount	
Merrill Lynch, Pierce, Fenner & Smith Incorporated		\$	230,000,000	
Deutsche Bank Securities Inc.		\$	90,000,000	
J.P. Morgan Securities Inc.		\$	90,000,000	
Credit Suisse First Boston LLC		\$	25,000,000	
Lehman Brothers Inc.		\$	25,000,000	
Banc of America Securities LLC		\$	10,000,000	
Goldman, Sachs & Co.		\$	10,000,000	
Morgan Stanley & Co. Incorporated		\$	10,000,000	
UBS Securities LLC		\$	10,000,000	
Total:		\$	500,000,000	
rotal.			300,000,000	
Agent(s) Acting as Agent:	o Yes ⊠ No. If Yes,			
Agent(s)	·		Principal Amount	
Total:				
Additional/Other Terms: Not applicable				
Special Tax Considerations: Not applicable				
	A-A-3			
Special Tax Considerations: Not applicable	A-A-3			

QuickLinks

PRICING SUPPLEMENT