PRICING SUPPLEMENT

Filed pursuant to Rule 424(b)(2)
Registration Statement No. 333-112249 and 333-112249-01
Pricing Supplement No. 2 Dated May 20, 2004
(To Prospectus dated April 27, 2004, and
Prospectus Supplement dated April 27, 2004)
CUSIP: 02003MAB0

ISIN: US02003MAB00 Common Code: 019355837

Allstate Life Global Funding
Secured Medium Term Notes
Issued Through
Allstate Life Global Funding Trust 2004-2 (the "Trust")

The description in this pricing supplement of the particular terms of the Secured Medium Term Notes offered hereby supplements the description of the general terms and provisions of the notes set forth in the accompanying prospectus and prospectus supplement, to which reference is hereby made.

| Principal Amount: \$300,000,000 | Agent(s) Discount: 0.042% | |
|--|---|--|
| Issue Price: 100.000% | Original Issue Date: May 27, 2004 | |
| Net Proceeds to the Trust: \$299,875,000 | Stated Maturity Date: May 25, 2007 | |
| Funding Agreement Number(s): | FA-41068 | |
| Specified Currency: | U.S. Dollars | |
| Interest Payment Dates: | February 25, May 25, August 25 and November 25 in each year | |
| Initial Interest Payment Date: | August 25, 2004 | |
| Regular Record Dates: | 15 calendar days prior to each Interest Payment Date | |
| Type of Interest Rate: | o Fixed Rate ⊠ Floating Rate | |
| Fixed Rate Notes: | o Yes 🗵 No. If, Yes, | |
| Interest Rate: | | |
| Floating Rate Notes: | ☑ Yes o No. If, Yes, | |
| Regular Floating Rate Notes: | ☑ Yes o No. If, Yes, | |
| Interest Rate: Interest Rate Basis(es): | Interest Rate Basis Plus the Spread See below | |
| Floating Rate/Fixed Rate Note: | o Yes ⊠ No. If, Yes, | |
| Floating Interest Rate: | | |
| Interest Rate Basis(es): | | |
| Fixed Interest Rate: | | |
| Fixed Rate Commencement Date: | | |
| Inverse Floating Rate Note: | o Yes ⊠ No. If, Yes, | |
| Fixed Interest Rate: | | |
| Floating Interest Rate: | | |

| Interest Rate Basis(es): | | | | | |
|---|---|--|--|--|--|
| Initial Interest Rate, if any: | Interest Rate Basis plus the Spread determined as of the second London bankin day preceding the Original Issue Date | | | | |
| Initial Interest Reset Date: | August 25, 2004 | | | | |
| Interest Rate Basis(es). Check all that apply: | | | | | |
| o CD Rate | o Commercial Paper Rate | | | | |
| o CMT Rate | o Eleventh District Cost of Funds Rate | | | | |
| ⊠ LIBOR | o Federal Funds Rate | | | | |
| o EURIBOR | o Treasury Rate | | | | |
| o Prime Rate | o Other (See Attached) | | | | |
| If LIBOR: | | | | | |
| o LIBOR Reuters Page | ☑ LIBOR Moneyline Telerate Page | | | | |
| LIBOR Currency: U.S. Dollars | | | | | |
| If CMT Rate: | | | | | |
| Designated CMT Telerate Page: | | | | | |
| If 7052: | o Weekly Average | | | | |
| | o Monthly Average | | | | |
| Designated CMT Maturity Index: | | | | | |
| Index Maturity: | Three months | | | | |
| Spread (+/-): | +0.06% | | | | |
| Spread Multiplier: | Not applicable | | | | |
| Interest Reset Date(s): | Each Interest Payment Date | | | | |
| Interest Determination Date(s): | The second London banking day preceding the related Interest Reset Date | | | | |
| Maximum Interest Rate, if any: | Not applicable | | | | |
| Minimum Interest Rate, if any; | Not applicable | | | | |
| Calculation Agent: | J.P. Morgan Trust Company, National Association | | | | |
| Exchange Rate Agent: | Not applicable | | | | |
| Computation of Interest (not applicable unless different than as specified in the | prospectus and prospectus supplement): | | | | |
| Day Count Convention (not applicable unless different than as specified in the p | prospectus and prospectus supplement): | | | | |
| Amortizing Note: | o Yes ⊠ No. If, Yes, | | | | |
| Amortizing Schedule: | | | | | |
| Additional/Other Terms: | | | | | |
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| | | | | | |

| | Additional/Other Terms: | | | |
|---------------|---|--|---------------|--------------------------|
| Rede | emption Provisions: | o Yes ⊠ No. If, Yes, | | |
| | Initial Redemption Date: | | | |
| | Initial Redemption Percentage: | | | |
| | Annual Redemption Percentage Reduction (if any): | | | |
| | Redemption: | o In whole only and not in part | | |
| | | o May be in whole or in part | | |
| | Additional/Other Terms: | | | |
| Repa | yment: | o Yes ⊠ No. If, Yes, | | |
| | Repayment Date(s): | | | |
| | Repayment Price: | | | |
| | Repayment: | o In whole only and not in part | | |
| | | o May be in whole or in part | | |
| | Additional/Other Terms: | | | |
| Sink | ing Fund (not applicable unless specified): | | | |
| Addi | tional Amounts to be Paid for Withholding Tax (not applica | able unless specified): | | |
| Secu | rities Exchange Listing: | o Yes ⊠ No. If Yes, Name of Exchange | | |
| Auth | orized Denominations: | \$1,000 | | |
| Ratir | ngs: | | | |
| | The Notes issued under the Program are rated "AA" by St Moody's Investors Service, Inc. | tandard & Poor's Ratings Services, a division of The McGraw Hill | Companies, Ir | c. and "Aa2" by |
| Ager Agent | nt(s) Purchasing Notes as Principal: (s) | ⊠ Yes o No. If Yes, | Pr | ncipal Amount |
| | rill Lynch, Pierce, Fenner & Smith Incorporated | | \$ | 138,000,000 |
| | sche Bank Securities Inc. Morgan Securities Inc. | | \$ \$ | 54,000,000 54,000,000 |
| | it Suisse First Boston LLC | | \$ \$ | 15,000,000 |
| | nan Brothers Inc. | | \$ | 15,000,000 |
| | of America Securities LLC | | \$ | 6,000,000 |
| Gold | man, Sachs & Co. | | \$ | 6,000,000 |
| | | | | |
| | | A-A-3 | | |

o Yes ⊠ No. If, Yes,

Discount Note:

Total Amount of Discount:

Initial Accrual Period of Discount:

| Morgan Stanley & Co. Incorporated | | \$ | 6,000,000 |
|---|---------------------|----|------------------|
| JBS Securities LLC | | \$ | 6,000,000 |
| | | | |
| Total: | | \$ | 300,000,000 |
| | | _ | |
| Agent(s) Acting as Agent: | o Yes ⊠ No. If Yes, | | |
| Agent(s) | | | Principal Amount |
| | | | |
| | | | |
| | | | |
| | | | |
| | | _ | |
| Total: | | | |
| Additional/Other Terms: Not applicable | | | |
| Special Tax Considerations: Interest payable on the Notes will be | - | - | - |

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Notes."

QuickLinks

PRICING SUPPLEMENT
Allstate Life Global Funding Secured Medium Term Notes Issued Through Allstate Life Global Funding Trust 2004-2 (the "Trust")