UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

FORM 8-K

CURRENT REPORT PURSUANT TO SECTION 13 OR 15 (d) OF THE SECURITIES EXCHANGE ACT OF 1934

Date of report (Date of earliest event reported): August 19, 2021 THE ALLSTATE CORPORATION

(Exact name of registrant as specified in its charter)

Delaware (State or other	1-11840 (Commission		36-3871531 (IRS Employer
jurisdiction of incorporation)	File Number)		Identification No.)
	2775 Sanders Road, Northbrook, Illinois	60062	
	(Address of principal executive offices) (Zip	Code)	
Registrant's telephone number, including area code (847) 402-5000			
Check the appropriate box below if the Form 8-K filing is intended to simultaneously satisfy the filing obligation of the registrant under any of the following provisions:			
 □ Written communications pursuant to Rule 425 under the Securities Act (17 CFR 230.425) □ Soliciting material pursuant to Rule 14a-12 under the Exchange Act (17 CFR 240.14a-12) □ Pre-commencement communications pursuant to Rule 14d-2(b) under the Exchange Act (17 CFR 240.14d-2(b)) □ Pre-commencement communications pursuant to Rule 13e-4(c) under the Exchange Act (17 CFR 240.13e-4(c)) 			
Securities registered pursuant to Section 12(b) of the Act:			
Title of	each class	Trading Symbols	Name of each exchange on which registered
Common Stock, par value \$0.01 per share		ALL	New York Stock Exchange Chicago Stock Exchange
5.100% Fixed-to-Floating Rate Subordinated Debentures	due 2053	ALL.PR.B	New York Stock Exchange
Depositary Shares represent 1/1,000th of a share of 5.62	,	ALL PR G	New York Stock Exchange
Depositary Shares represent 1/1,000th of a share of 5.10	,	ALL PR H	New York Stock Exchange
Depositary Shares represent 1/1,000th of a share of 4.75	0% Noncumulative Preferred Stock, Series I	ALL PR I	New York Stock Exchange
Indicate by check mark whether the registrant is an emerging growth company as defined in Rule 405 of the Securities Act of 1933 (§230.405 of this chapter) or Rule 12b-2 of the Securities Exchange Act of 1934 (§240.12b-2 of this chapter).			
	Emerging	g growth company	у 🗆
If an emerging growth company, indicate by check mark if the registrant has elected not to use the extended transition period for complying with any new or revised financial accounting standards provided pursuant to Section 13(a) of the Exchange Act			

Section 7 - Regulation FD

Item 7.01. Regulation FD Disclosure.

The Registrant's press release dated August 19, 2021, announcing its estimated catastrophe losses for July 2021, is attached hereto as Exhibit 99 and is incorporated herein by reference. The press release is furnished and not filed, pursuant to Instruction B.2 of Form 8-K.

Section 9 - Financial Statements and Exhibits

Item 9.01. Financial Statements and Exhibits.

(d) Exhibits

Exhibit No. Description

99 <u>Registrant's press release dated August 19, 2021.</u>

104 Cover Page Interactive Data File (formatted as inline XBRL).

SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

THE ALLSTATE CORPORATION

(Registrant)

By: /s/ Daniel G. Gordon

Name: Daniel G. Gordon

Title: Vice President, Assistant General

Counsel and Assistant Secretary

Date: August 19, 2021



NEWS

FOR IMMEDIATE RELEASE

Contacts:

Rachel Hill Mark Nogal
Media Relations Investor Relations
(847) 402-5600 (847) 402-2800

Allstate Announces July 2021 Catastrophe Losses

NORTHBROOK, Ill., August 19, 2021 – The Allstate Corporation (NYSE: ALL) today announced estimated catastrophe losses for the month of July of \$227 million or \$179 million, after-tax. Catastrophe losses in July comprised 18 events at an estimated cost of \$211 million plus unfavorable prior period reserve estimates.

Financial information, including material announcements about The Allstate Corporation, is routinely posted on www.allstateinvestors.com.

Forward-Looking Statements

This news release contains "forward-looking statements" that anticipate results based on our estimates, assumptions and plans that are subject to uncertainty. These statements are made subject to the safe-harbor provisions of the Private Securities Litigation Reform Act of 1995. These forward-looking statements do not relate strictly to historical or current facts and may be identified by their use of words like "plans," "seeks," "expects," "will," "should," "anticipates," "intends," "believes," "likely," "targets" and other words with similar meanings. We believe these statements are based on reasonable estimates, assumptions and plans. However, if the estimates, assumptions or plans underlying the forward-looking statements prove inaccurate or if other risks or uncertainties arise, actual results could differ materially from those communicated in these forward-looking statements. Factors that could cause actual results to differ materially from those expressed in, or implied by, the forward-looking statements may be found in our filings with the U.S. Securities and Exchange Commission, including the "Risk Factors" section in our most recent annual report on Form 10-K. Forward-looking statements are as of the date on which they are made, and we assume no obligation to update or revise any forward-looking statement.

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