UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

FORM 8-K

CURRENT REPORT PURSUANT TO SECTION 13 OR 15 (d) OF THE SECURITIES EXCHANGE ACT OF 1934

Date of report (Date of earliest event reported): March 21, 2024 THE ALLSTATE CORPORATION

(Exact name of registrant as specified in its charter)

Delaware (State or other jurisdiction of incorporation)

1-11840 (Commission File Number)

36-3871531 (IRS Employer Identification No.)

3100 Sanders Road, Northbrook, Illinois 60062

(Address of principal executive offices) (Zip Code)

Registrant's telephone number, including area code (847) 402-5000

Check the appropriate box below if the Form 8-K filing is intended to simultaneously satisfy the filing obligation of the registrant under any of the following provisions:

□ Written communications pursuant to Rule 425 under the Securities Act (17 CFR 230.425) □ Soliciting material pursuant to Rule 14a-12 under the Exchange Act (17 CFR 240.14a-12)

□ Pre-commencement communications pursuant to Rule 14d-2(b) under the Exchange Act (17 CFR 240.14d-2(b)) □ Pre-commencement communications pursuant to Rule 13e-4(c) under the Exchange Act (17 CFR 240.13e-4(c))

Securities registered pursuant to Section 12(b) of the Act:

Title of each class	Trading Symbols	Name of each exchange on which registered
Common Stock, par value \$0.01 per share	ALL	New York Stock Exchange Chicago Stock Exchange
5.100% Fixed-to-Floating Rate Subordinated Debentures due 2053	ALL.PR.B	New York Stock Exchange
Depositary Shares represent 1/1,000th of a share of 5.100% Noncumulative Preferred Stock, Series H	ALL PR H	New York Stock Exchange
Depositary Shares represent 1/1,000th of a share of 4.750% Noncumulative Preferred Stock, Series I	ALL PR I	New York Stock Exchange
Depositary Shares represent 1/1,000th of a share of 7.375% Noncumulative Preferred Stock, Series J	ALL PR J	New York Stock Exchange

Indicate by check mark whether the registrant is an emerging growth company as defined in Rule 405 of the Securities Act of 1933 (§230.405 of this chapter) or Rule 12b-2 of the Securities Exchange Act of 1934 (§240.12b-2 of this chapter).

Emerging growth company

If an emerging growth company, indicate by check mark if the registrant has elected not to use the extended transition period for complying with any new or revised financial accounting standards provided pursuant to Section 13(a) of the Exchange Act.

Section 7 - Regulation FD

Item 7.01. Regulation FD Disclosure

The Registrant's press release dated March 21, 2024, announcing its implemented auto and home rates for February 2024 and the Registrant's implemented rate exhibit for February 2024 are posted on allstateinvestors.com and are attached hereto as Exhibit 99.1 and 99.2 which are incorporated herein by reference. These exhibits are furnished and not filed, pursuant to Instruction B.2 of Form 8-K.

Section 9 – Financial Statements and Exhibits

Item 9.01.	Financial Statements and Exhibits
(d)	Exhibits
Exhibit No.	Description

99.1	The Registrant's press release dated March 21, 2024
99.2	The Registrant's implemented rate exhibit for February 2024
104	Cover Page Interactive Data File (formatted as inline XBRL).

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SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

THE ALLSTATE CORPORATION

(Registrant)

 By:
 /s/ John C. Pintozzi

 Name: John C. Pintozzi
 Title: Senior Vice President, Controller and Chief Accounting Officer

Date: March 21, 2024

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NFWS

FOR IMMEDIATE RELEASE

Contacts

AI Scott Media Relations (847) 402-5600

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Allstate Announces February 2024 Catastrophe Losses and Implemented Rates

NORTHBROOK, Ill., March 21, 2024 - The Allstate Corporation (NYSE: ALL) today announced that estimated catastrophe losses were below the \$150 million reporting threshold for February 2024.

Rate increases for Allstate brand auto insurance resulted in a premium impact of 0.1% for the month of February and 1.5% year-to-date. Rate increases for Allstate brand homeowners insurance have resulted in a premium impact of 2.4% for the month of February and 2.7% year-to-date. Implemented rate increases and inflation in insured home replacement costs resulted in a 12.4% increase in homeowners insurance average gross written premium in February 2024 compared to the prior year. Our implemented rate exhibit for auto and homeowners insurance has been posted on www.allstateinvestors.com

Financial information, including material announcements about The Allstate Corporation, is routinely posted on www.allstateinvestors.com.

Forward-Looking Statements

Forward-Looking Statements This news release contains "forward-looking statements" that anticipate results based on our estimates, assumptions and plans that are subject to uncertainty. These statements are made subject to the safe-harbor provisions of the Private Securities Litigation Reform Act of 1995. These forward-looking statements do not relate strictly to historical or current facts and may be identified by their use of words like "plans," "seeks," "expects," "will," "should," "anticipates," "estimates," "intends, "believes," "likely," "targets" and other words with similar meanings. We believe these statements are based on reasonable estimates, assumptions and plans. However, if the estimates, assumptions or plans underlying the forward-looking statements prove inaccurate or if other risks or uncertainties arise, actual results could differ materially from those expressed in, or implied by, the forward-looking statements may be found in our filings with the U.S. Securities and Exchange Commission, including the "Risk Factors" section in our most recent annual report on Form 10-K. Forward-looking statements are as of the date on which they are made, and we assume no bugation to update or revise any forward-looking statement. ####

The Allstate Corporation Allstate Protection Impact of Net Rate Changes Implemented on Premiums Written

Exhibit 99.2

Allstate brand	Number of locations (1)	For the month ended February 29, 2024 Total brand (%) (2) (3)	Location specific (%) (4)	Number of locations (1)	Quarter-to-date ended February 29, 2024 Total brand (%) (2) (3)	Location specific (%) (4)
Auto	6	0.1	5.8	17	1.5	8.8
Homeowners (5)	6	2.4	11.1	11	2.7	11.3
National General						
Auto	9	2.0	7.9	19	3.4	9.2
Homeowners (5)	1	0.1	16.8	5	0.7	11.4
	Three months ended December 31, 2023		Three months ended September 30, 2023			
		December 31, 2023			September 30, 2023	
	Number of locations (1)		Location specific (%) (4)	Number of locations (1)		Location specific (%) (4)
Allistate brand	locations (1)	December 31, 2023 Total brand (%) (2) (3)	specific (%) (4)		September 30, 2023 Total brand (%) (2) (3)	specific (%) (4)
Auto	Number of locations	December 31, 2023 Total	Location specific (%) ⁽⁴⁾ 13.5	Number of locations (1) 25	September 30, 2023	Location specific (%) ⁽⁴⁾ 5.9
	locations (1)	December 31, 2023 Total brand (%) (2) (3)	specific (%) (4)		September 30, 2023 Total brand (%) (2) (3)	specific (%) (4)
Auto	33 20	December 31, 2023 Total brand (%) (2) (3) 6.9	specific (%) ⁽⁴⁾ 13.5	25	September 30, 2023 Total brand (%) ^{(2) (3)} 2.0	specific (%) ⁽⁴⁾ 5.9
Auto Homeowners ⁽⁵⁾	locations (1) 33	December 31, 2023 Total brand (%) (2) (3) 6.9	specific (%) ⁽⁴⁾ 13.5	25	September 30, 2023 Total brand (%) ^{(2) (3)} 2.0	specific (%) ⁽⁴⁾ 5.9

Refers to the number of U.S. states, the District of Columbia or Canadian provinces where rate changes have been implemented. Allstate brand operates in 50 states, the District of Columbia, and 5 Canadian provinces. National General operates in 50 states and the District of Columbia.
 Represents the impact in the locations where rate changes were implemented during the proteined as a procentage of total brand prior year-end premiums written.
 Allstate brand implemented auto insurance rate increases totaled \$22 million and \$326 million in the month and quarter-to-date ended February 29, 2024, respectively, after implementing \$15 total biol and \$270 million of the total respectively.
 Represents the impact in the locations where rate changes were implemented during the protectively.
 Represents the impact in the locations where rate changes were implemented during the protectively.
 Excludes the impact to average premium from inflation in insured home replacement costs and other aging factor adjustments.