FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL

OMB Number: Estimated average burden hours per response: 0.5

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934

					or	Section	on 30(h	n) of the	Investm	ent C	ompany Act	of 1940										
1. Name and Address of Reporting Person* MCNEIL RONALD D							2. Issuer Name and Ticker or Trading Symbol ALLSTATE CORP [ALL]									5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner Officer (give title Vother (specify						
(Last) (First) (Middle) 2775 SANDERS ROAD						3. Date of Earliest Transaction (Month/Day/Year) 02/09/2004									officer (give title X Other (specify below) SVP Allstate Insurance Company							
(Street) NORTHBROOK IL 60062					- 4. l	4. If Amendment, Date of Original Filed (Month/Day/Year) 6. Individual or Joint/Group Filin Line) X Form filed by One Rep Form filed by More that												orting Pe	rson			
(City)	(S	tate)	(Zip)												Persor	1						
		Tab	le I - No	on-Deri	vative	e Se	curiti	ies Ac	quire	d, Di	sposed c	f, or Be	nefic	ially	y Owned	ı						
				2. Transa Date (Month/D		Ex f) if a	2A. Deemed Execution Date, if any (Month/Day/Year)		3. Transaction Code (Instr. 8)				Acquired (A) or (D) (Instr. 3, 4 and		5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)		6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership (Instr. 4)			
										v	Amount	(A) or (D)	Price						(IIISti	. 4)		
Common Stock 02/09/20						004			M		200	A	\$28	\$28.69 34		391		D				
Common Stock 02/09					/2004				M		1,320	A	\$28	8.69 36,21		11	D					
Common Stock 02/09/20					/2004	004			M		3,404	A	\$38	\$38.52 39,6		15	D					
Common Stock 02/09/20					/2004	004			S ⁽¹⁾		4,724	D	\$46	\$46.35		91 D		D				
Common Stock 02/09/20					/2004)04			S ⁽¹⁾		200	D	\$46	\$46.36		591 D		D				
Common Stock													19,		1.191		I	by 401((k)Plan			
		7	able II	- Deriva (e.g.,	ative : puts,	Secu calls	uritie s, wa	s Acq	uired, s, optic	Dis _l	posed of, converti	or Ben	eficia uritie	ally s)	Owned							
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deer Execution if any (Month/I			Transaction Code (Instr.		n of		Exerci on Da Day/Yo		7. Title and Amount of Securities Underlying Derivative Secur (Instr. 3 and 4)		Derivativ Security (Instr. 5)		9. Numb derivati Securiti Benefic Owned Followin Reporte Transac (Instr. 4)	ve es ially ng ed etion(s)	10. Ownersl Form: Direct (E or Indire (I) (Instr.	nip c E O) (.1. Nature of Indirect Beneficial Ownership Instr. 4)		
					Code	v	(A)	(D)	Date Exercisa	able	Expiration Date	Title	Amou or Numl of Share	ber								
Employee Stock Option (right to buy)	\$28.69	02/09/2004						200	11/11/1	999	02/06/2005	Common Stock	20	0	\$0 1,3		20	D				
Employee Stock Option (right to buy)	\$28.69	02/09/2004			M			1,320	11/11/1	999	02/06/2005	Common Stock	1,32	20	\$0	0		D	D			
Employee Stock Option (right to buy)	\$38.52	02/09/2004			M			3,404	07/24/2	000	07/24/2007	Common Stock	3,40	04	\$0	0	,	D				
Explanatio	n of Respons	Ses.																				

1. The sales reported in this Form 4 were effected pursuant to a Rule 10b5-1 trading plan adopted by the reporting person on February 6, 2004.

By: Katherine A. Smith For: Ronald Dean McNeil

02/11/2004

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.

^{*} If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

^{**} Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).