FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL									
OMB Number:	3235-0287								
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0.5

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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* BRENNAN EDWARD A				2. Issuer Name and Ticker or Trading Symbol ALLSTATE CORP [ALL]								5. Relationship of Reporting Person(s) to Issuer (Check all applicable)					
												X Dire	ctor	10% (Owner		
(Last) (First) (Middle) C/O THE ALLSTATE CORPORATION					3. Date of Earliest Transaction (Month/Day/Year) 03/01/2006											(specify)	
2775 SANDERS ROAD					4. If Amendment, Date of Original Filed (Month/Day/Year)							e	6. Individual or Joint/Group Filing (Check Applicable				
(Street)					, , , , , , , , , , , , , , , , , , , ,								Line)				
DDOOK II		ະດດຄວ ຄ	2127											,			
BROOK IL		J0002 - 0)12/	-											re than One Rep	oorting	
(St	ate) (Zip)															
	Tabl	e I - No	on-Deriv	ative	Sec	uritie	s Ac	quired	d, Di	sposed o	f, or B	enefici	ally Own	ed			
Date				Execution Date,			3. Transaction Code (Instr. 8) 4. Securities Acquired (A) o Disposed Of (D) (Instr. 3, 4 and 1)			d (A) or r. 3, 4 and	d 5) Secu Bene Own	rities ficially d Following	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)			
								Code	v	Amount	(A) or (D)	Price	Trans	saction(s)		(11150.4)	
Stock			03/01/	2006				S		8,000	D	\$54.6	8899 2	16,522(1)	D		
Stock														36,894	I	Spouse	
	Та	ble II -												I			
Derivative Conversion Date Security or Exercise (Month/Day/Year)		Executi if any	on Date,	Transaction Code (Instr. 8)		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year) Date Expiration		Amoun		8. Price of Derivative Security (Instr. 5)	derivative Securities Beneficially Owned Following Reported	Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)		
	(Final Conversion or Exercise Price of Derivative	(First) (E ALLSTATE CORPORATI NDERS ROAD BROOK IL (State) (Table Security (Instr. 3) Stock Ta 2. Conversion or Exercise Price of Derivative (Month/Day/Year)	(First) (Middle) E ALLSTATE CORPORATION NDERS ROAD BROOK IL 60062-6 (State) (Zip) Table I - No Security (Instr. 3) Stock Stock Table II - Conversion or Exercise Price of Derivative (Month/Day/Year) Table II - 2. Conversion or Exercise Price of Derivative (Month/Day/Year) Table II - Security (Month/Day/Year)	(First) (Middle) E ALLSTATE CORPORATION NDERS ROAD BROOK IL 60062-6127 (State) (Zip) Table I - Non-Deriv Security (Instr. 3) 2. Transact Date (Month/Date (Month/Date)) Stock 03/01/ Stock 3. Transaction Or Exercise Price of Derivative (Month/Day/Year) 2. (Month/Day/Year) 3. 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If Amendment, Date of Original Filed (Month/Day/Year) (State) (Zip) Table 1 - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned Security (Instr. 3) 2. Transaction (Month/Day/Year) (Month/Day/Year) (Month/Day/Year) (Month/Day/Year) Stock O3/01/2006 Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned Securities Acquired (A) or Date (Month/Day/Year) (Month/Day/Year) (Month/Day/Year) (A) or Price (Instr. 3, 4 and 5) Securities Securities Acquired (A) or Date (Instr. 3, 4 and 5) Stock O3/01/2006 S	ALLSTATE CORP [ALL] (First) (Middle) E ALLSTATE CORPORATION NDERS ROAD BROOK IL 60062-6127 (State) (Zip) Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned Execution Date (Month/Day/Year) Stock 03/01/2006 Stock 03/01/2006 A If Amendment, Date of Original Filed (Month/Day/Year) 2. Transaction (Month/Day/Year) 2. Transaction (Month/Day/Year) 2. Transaction (Month/Day/Year) 3. Date of Earliest Transaction (Month/Day/Year) 4. If Amendment, Date of Original Filed (Month/Day/Year) 5. Amount of Securities Securities Securities Acquired (A) or Disposed Of, or Beneficially Owned Security (Instr. 3) 2. Transaction (Month/Day/Year) 2. Transaction (Month/Day/Year) 3. Transaction (Code (Instr. 8) 4. Securities Acquired (A) or Disposed Of, or Beneficially Owned Stock 03/01/2006 5. Amount of Securities Securities Securities Acquired, Disposed Of, or Beneficially Owned (A) or Price (Instr. 3) 4. Securities Acquired (A) or Transaction (Instr. 4) 5. Amount of Securities Securiti	

Explanation of Responses:

1. The transaction reported in this Form 4 was effected pursuant to a Rule 10b5-1(c) trading plan adopted by the reporting person on October 21, 2005.

Katherine A. Smith for Edward A. Brennan 03/01/2006

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.