UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

FORM 8-K

CURRENT REPORT PURSUANT TO SECTION 13 OR 15 (d) OF THE SECURITIES EXCHANGE ACT OF 1934

Date of report (Date of earliest event reported): September 21, 2023

THE ALLSTATE CORPORATION

(Exact name of registrant as specified in its charter)

Delaware (State or other jurisdiction of incorporation) 1-11840

(Commission File Number)

36-3871531 (IRS Employer Identification No.)

3100 Sanders Road, Northbrook, Illinois 60062

(Address of principal executive offices) (Zip Code)

Registrant's telephone number, including area code (847) 402-5000

Check the appropriate box below if the Form 8-K filing is intended to simultaneously satisfy the filing obligation of the registrant under any of the following provisions:

□ Written communications pursuant to Rule 425 under the Securities Act (17 CFR 230.425)

□ Soliciting material pursuant to Rule 14a-12 under the Exchange Act (17 CFR 240.14a-12)

□ Pre-commencement communications pursuant to Rule 14d-2(b) under the Exchange Act (17 CFR 240.14d-2(b)) □ Pre-commencement communications pursuant to Rule 13e-4(c) under the Exchange Act (17 CFR 240.13e-4(c))

Securities registered pursuant to Section 12(b) of the Act:

Title of each class	Trading Symbols	Name of each exchange on which registered
Common Stock, par value \$0.01 per share	ALL	New York Stock Exchange Chicago Stock Exchange
5.100% Fixed-to-Floating Rate Subordinated Debentures due 2053	ALL.PR.B	New York Stock Exchange
Depositary Shares represent 1/1,000th of a share of 5.100% Noncumulative Preferred Stock, Series H	ALL PR H	New York Stock Exchange
Depositary Shares represent 1/1,000th of a share of 4.750% Noncumulative Preferred Stock, Series I	ALL PR I	New York Stock Exchange
Depositary Shares represent 1/1,000th of a share of 7.375% Noncumulative Preferred Stock, Series J	ALL PR J	New York Stock Exchange

Indicate by check mark whether the registrant is an emerging growth company as defined in Rule 405 of the Securities Act of 1933 (§230.405 of this chapter) or Rule 12b-2 of the Securities Exchange Act of 1934 (§240.12b-2 of this chapter).

Emerging growth company

If an emerging growth company, indicate by check mark if the registrant has elected not to use the extended transition period for complying with any new or revised financial accounting standards provided pursuant to Section 13(a) of the Exchange Act.

Section 7 - Regulation FD

Item 7.01. Regulation FD Disclosure

The Registrant's press release dated September 21, 2023, announcing estimated catastrophe losses and implemented rates for August 2023, and the Registrant's implemented rate exhibit for August 2023 are posted on allstateinvestors.com and are attached hereto as Exhibit 99.1 and 99.2 which are incorporated herein by reference. These exhibits are furnished and not filed, pursuant to Instruction B.2 of Form 8-K.

Section 9 – Financ	cial Statements and Exhibits	
Item 9.01.	Financial Statements and Exhibits	
(d)	Exhibits	
Exhibit No.		Description
99.1 99.2 104		The Registrant's press release dated September 21, 2023 The Registrant's implemented rate exhibit for August 2023 Cover Page Interactive Data File (formatted as inline XBRL).

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SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

THE ALLSTATE CORPORATION

(Registrant)

 By:
 /s/ John C. Pintozzi

 Name: John C. Pintozzi
 Title: Senior Vice President, Controller and Chief Accounting Officer

Date: September 21, 2023

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NFWS

FOR IMMEDIATE RELEASE

Contacts

Al Scott Media Relations (847) 402-5600

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Allstate Announces August 2023 Catastrophe Losses and Implemented Rates

NORTHBROOK, Ill., September 21, 2023 - The Allstate Corporation (NYSE: ALL) today announced estimated catastrophe losses for the month of August of \$551 million or \$435 million, after-tax.

August month catastrophe losses include 18 events estimated at \$641 million, with approximately half of the losses related to the Maui wildfire, partially offset by favorable reserve reestimates for prior events. Total catastrophe losses for July and August were \$864 million, pre-tax.

During the month of August, the Allstate brand implemented auto rate increases of 7.0% across 5 locations, resulting in total brand premium impact of 0.2%.

"Allstate continued to implement significant auto and homeowners insurance rate actions as part of our comprehensive plan to improve profitability. Since the beginning of the year, rate increases for Allstate brand auto insurance have resulted in a premium impact of 8.6%, which are expected to raise annualized written premiums by approximately \$2.23 billion. Implemented rate increases and inflation in insured home replacement costs resulted in a 13.2% increase in homeowners insurance average gross written premium in August 2023 compared to the prior year," said Jess Merten, Chief Financial Officer of The Allstate Corporation. Our implemented rate exhibit for auto and homeowners insurance has been posted on allstateinvestors.com.

Financial information, including material announcements about The Allstate Corporation, is routinely posted on www.allstateinvestors.com

Forward-Looking Statements

This news release contains "forward-looking statements" that anticipate results based on our estimates, assumptions and plans that are subject to uncertainty. These statements are made subject to the safe-harbor provisions of the Private Securities Litigation Reform Act of 1995. These forward-looking statements do not relate strictly to historical or current facts and may be identified by their use of words like "plans," "seeks," "expects," "will," "should," "anticipates," "estimates," "intends," "believes," "likely," "targets" and other words with similar meanings. We believe these statements are based on reasonable estimates, assumptions and plans. However, if the estimates, assumptions or plans underlying the forward-looking statements prove inaccurate or if other risks or uncertainties arise, actual results could differ materially from those communicated in these forward-looking statements. Factors that could cause actual results to differ materially from those expressed in, or implied by, the forward-looking statements may be found in our filings with the U.S. Securities and Exchange Commission, including the "Risk Factors" section in our most recent annual report on Form 10-K. Forward-looking statements are as of the date on which they are made, and we assume no obligation to update or revise any forward-looking statement. ####

The Allstate Corporation Allstate Protection Impact of Net Rate Changes Implemented on Premiums Written

Exhibit 99.2

	Number of locations (1)	For the month ended August 31, 2023 Total brand (%) ⁽²⁾⁽³⁾	Location specific (%) (4)	Number of locations (1)	Quarter-to-date ended August 31, 2023 Total brand (%) (2) (3)	Location specific (%) (4)
Allstate brand	5	0.2	7.0	17	1.1	8.0
Auto		0.2				
Homeowners (5)	2	0.1	9.2	6	0.5	7.7
National General						
Auto	14	0.9	4.2	27	2.5	5.1
Homeowners (5)	2	0.1	11.5	3	0.1	11.2
	Three months ended June 30, 2023		Three months ended March 31, 2023			
		June 30, 2023			March 31, 2023	
	Number of locations (1)	June 30, 2023	Location specific (%) (4)	Number of locations (1)	March 31, 2023 Total	Location specific (%) (4)
Allstate brand	Number of	June 30, 2023	Location specific (%) (4)	Number of locations (1)	March 31, 2023	Location specific (%) (4)
Alistate brand Auto	Number of	June 30, 2023	Location specific (%) (4) 10.0	Number of locations (1)	March 31, 2023 Total	Location specific (%) (4) 8.4
	Number of locations (1)	June 30, 2023 Total brand (%) ^{(2) (3)}	specific (%) (4)		March 31, 2023 Total brand (%) ^{(2) (3)}	specific (%) (4)
Auto	Number of locations (1) 34 20	June 30, 2023 Total brand (%) ⁽²⁾ (3) 5.8 2.5	specific (%) ⁽⁴⁾ 10.0 12.3	28 18	March 31, 2023 Total brand (%) ^{(2) (3)} 1.7 4.9	
Auto Homeowners ⁽⁵⁾	Number of locations (1) 34	June 30, 2023 Total brand (%) ^{(2) (3)} 5.8	specific (%) (4) 10.0	28	March 31, 2023 Total brand (%) ^{(2) (3)} 1.7	specific (%) (4) 8.4

Refers to the number of U.S. states, the District of Columbia or Canadian provinces where rate changes have been implemented. Allstate brand operates in 50 states, the District of Columbia, and 5 Canadian provinces. National General operates in 50 states and the District of Columbia.
 Represents the impact in the locations where rate changes were implemented during the province as a percentage of total brand prior year-end premiums written.
 Allstate brand implemented auto insurance rate increases totaled \$44 million and \$252 million in the month and quarter-to-date ended August 31, 2023, respectively, after implementing 114 94 liblion and \$454 million cand stater of 2023, respectively.
 Represents the impact in the locations where rate changes were implemented during the period as a percentage of its respective total prior year-end premiums written in those same facilities.

locations. (6) Excludes the impact to average premium from inflation in insured home replacement costs and other aging factor adjustments.