FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington,	D.C.	20549	
vvasimigton,	D.C.	20343	

STATEMENT	OF CHANGES	IN BENEFICIAL	OWNERSHIP

OMB APPROVAL OMB Number: Estimated average burden hours per response: 0.5

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* <u>FARRELL W JAMES</u>						2. Issuer Name and Ticker or Trading Symbol ALLSTATE CORP [ALL]								(Che	Relationship of Reporting Person((Check all applicable) X Director					
(Last) (First) (Middle) 3600 W. LAKE AVENUE						3. Date of Earliest Transaction (Month/Day/Year) 06/01/2004									Office below)	(give title		10% Owner Other (specify below)		
(Street) GLENVIEW IL 60025				_ 4. li	4. If Amendment, Date of Original Filed (Month/Day/Year)								Line	idividual or Joint/Group Filing (Check Applicable X Form filed by One Reporting Person Form filed by More than One Reporting Person						
(City)	(Si		(Zip)																	
1. Title of Security (Instr. 3) 2. Transa Date			saction			e,	3. Transaction Code (Instr. 8) 4. Securities Acquir Disposed Of (D) (Instr. 8)			quired	(A) or	5. Amou Securiti Benefic Owned	5. Amount of Securities Fo Beneficially (D) Owned Following (I)		: Direct Indirect str. 4)	7. Nature of Indirect Beneficial Ownership				
								Code	v	Amount		A) or D)	Price	Transac	Reported Transaction(s) (Instr. 3 and 4)			(Instr. 4)		
Common	Stock			06/0)1/200)4		A ⁽¹⁾		181	B1 A		\$0	7	715		D			
		٦	Гable II -									sed of, onvertil				Owned				
			4. Transa Code (8)		of Exp			i. Date Exercisable and expiration Date Month/Day/Year)			Amoi Secu Unde Deriv	rlying	Security 4)	8. Price of Derivative Security (Instr. 5)	9. Numbe derivative Securities Beneficia Owned Following Reported Transacti (Instr. 4)	Owne Form: Direct or Ind (I) (Ins	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)		
					Code	v	(A)	(D)	Dat Exe	te ercisable		xpiration ate	Title	1	Amount or Number of Shares					
Non- Employee Director Stock Option (right to	\$43.98	06/01/2004			A		4,000		06/	01/2005 ⁽²	2) 0	6/01/2014	Comi		4,000	\$0	4,000)	D	

Explanation of Responses:

- 1. Stock acquired pursuant to election to receive stock in lieu of cash compensation under The Allstate Corporation Equity Incentive Plan for Non-Employee Directors.
- 2. Grant to reporting person of option to purchase 4,000 shares of common stock exercisable in three increments, each for one-third of the total number of said shares, such installments to vest on June 1, 2005, June 1, 2006 and June 1, 2007, respectively.

By: Katherine A. Smith For: W. 06/03/2004 James Farrell

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.