# UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

### FORM 8-K

# CURRENT REPORT PURSUANT TO SECTION 13 OR 15 (d) OF THE SECURITIES EXCHANGE ACT OF 1934

Date of report (Date of earliest event reported): February 20, 2020

# THE ALLSTATE CORPORATION

(Exact name of registrant as specified in its charter)

Delaware	1-11840		36-3871531
(State or other	(Commission		(IRS Employer
jurisdiction of incorporation)	File Number)		Identification No.)
	2775 Sanders Road, Northbrook, Illinois	60062	
	(Address of principal executive offices) (Z	Zip Code)	
Registr	ant's telephone number, including area code (8	847) 402-5000	
Check the appropriate box below if the Form 8-K fill provisions:	ing is intended to simultaneously satisfy the fil	ling obligation of the	registrant under any of the following
<ul> <li>□ Written communications pursuant to Rule 425 under</li> <li>□ Soliciting material pursuant to Rule 14a-12 under</li> <li>□ Pre-commencement communications pursuant to</li> <li>□ Pre-commencement communications pursuant to</li> </ul>	the Exchange Act (17 CFR 240.14a-12) Rule 14d-2(b) under the Exchange Act (17 CF		
Securities registered pursuant to Section 12(b) of the	Act:		
Title of o	each class	Trading Symbols	Name of each exchange on which registered
Common Stock, par value \$0.01 per share		ALL	New York Stock Exchange Chicago Stock Exchange
5.100% Fixed-to-Floating Rate Subordinated Debentures due 205	53	ALL.PR.B	New York Stock Exchange
Depositary Shares represent 1/1,000th of a share of 5.625% Nonc	cumulative Preferred Stock, Series G	ALL PR G	New York Stock Exchange
Depositary Shares represent 1/1,000th of a share of 5.100% Nonc	cumulative Preferred Stock, Series H	ALL PR H	New York Stock Exchange
Depositary Shares represent 1/1,000th of a share of 4.750% Nonc	cumulative Preferred Stock, Series I	ALL PR I	New York Stock Exchange
Indicate by check mark whether the registrant is an e or Rule 12b-2 of the Securities Exchange Act of 193		405 of the Securities	Act of 1933 (§230.405 of this chapter)
	Emerg	ging growth company	
If an emerging growth company, indicate by check mar- financial accounting standards provided pursuant to Sec	0	ded transition period	for complying with any new or revised

#### Section 7 - Regulation FD

#### Item 7.01. Regulation FD Disclosure.

The Registrant's press release dated February 20, 2020, announcing its estimated catastrophe losses for January 2020, is attached hereto as Exhibit 99 and is incorporated herein by reference. The press release is furnished and not filed, pursuant to Instruction B.2 of Form 8-K.

#### Section 9 - Financial Statements and Exhibits

item 9.01. Financiai Statements and Exmots	Item 9.01.	Financial Statements and Exhibits.
--	------------	------------------------------------

(d) Exhibits

Exhibit No.

Description

Registrant's press release dated February 20, 2020. The press release is furnished and not filed, pursuant to Instruction B.2 of Form 8-K.

Cover Page Interactive Data File (formatted as inline XBRL).

## **SIGNATURES**

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

### THE ALLSTATE CORPORATION

(Registrant)

By: /s/ Daniel G. Gordon

Name: Daniel G. Gordon

Title: Vice President, Assistant General

Counsel and Assistant Secretary

Date: February 20, 2020



# **NEWS**

#### FOR IMMEDIATE RELEASE

Contacts:

Greg Burns Mark Nogal

Media Relations Investor Relations (847) 402-5600 (847) 402-2800

#### Allstate Announces January 2020 Catastrophe Losses

NORTHBROOK, III., February 20, 2020 – The Allstate Corporation (NYSE: ALL) today announced estimated catastrophe losses for the month of January of \$58 million, pre-tax (\$46 million, after-tax).

Catastrophe losses occurring in January comprised four events at an estimated cost of \$64 million, pre-tax (\$51 million, after-tax), partially offset by favorable prior period reserve reestimates.

Effective February 2020, Allstate will revert back to a catastrophe loss reporting threshold of \$150 million in a calendar month. This practice is consistent with our ongoing commitment to provide transparency on material intra-quarter events, while reducing the volume of immaterial disclosures from an inherently volatile part of our business.

Financial information, including material announcements about The Allstate Corporation, is routinely posted on www.allstateinvestors.com.

#### Forward-Looking Statements

This news release contains "forward-looking statements" that anticipate results based on our estimates, assumptions and plans that are subject to uncertainty. These statements are made subject to the safe-harbor provisions of the Private Securities Litigation Reform Act of 1995. These forward-looking statements do not relate strictly to historical or current facts and may be identified by their use of words like "plans," "seeks," "expects," "will," "should," "anticipates," "estimates," "intends," "believes," "likely," "targets" and other words with similar meanings. We believe these statements are based on reasonable estimates, assumptions and plans. However, if the estimates, assumptions or plans underlying the forward-looking statements prove inaccurate or if other risks or uncertainties arise, actual results could differ materially from those communicated in these forward-looking statements. Factors that could cause actual results to differ materially from those expressed in, or implied by, the forward-looking statements may be found in our filings with the U.S. Securities and Exchange Commission, including the "Risk Factors" section in our most recent annual report on Form 10-K. Forward-looking statements are as of the date on which they are made, and we assume no obligation to update or revise any forward-looking statement.

####